



**PERU TREK**

Travel & Adventure

# HUMANTAY LAKE & SALKANTAY PASS

**2 Days & 1 Night**

# OVERVIEW

## Humantay Lake to Salkantay Hike 2 days

If you are visiting Cusco and you like the idea of escaping the hustle and bustle and venturing into some of the most incredible mountain scenery, look no further, Salkantay trek 2 days is ideal for you.

You will be able to visit two of the most impressive places in Peru. On the first day, you will hike to the Humantay lagoon, which looks like a sparkling gem against the white background of the mountains. On the second day, you will hike the 7 snakes trail to reach the Salkantay pass, where you will have truly amazing views of the snow-capped peaks of the Andean mountains.

Whether you are traveling alone, as a couple or with a larger group, you can join us any day of the week on this incredible 2-day trek in the middle of the Peruvian Andes.

## The highlight of the Humantay Lake to Salkantay Hike 2 days

- ✓ Ascend to the dazzling Humantay Lake and marvel at its crystal-clear turquoise waters.
- ✓ Conquer the challenging Salkantay Pass and enjoy stunning views of Salkantay Mountain.
- ✓ Hike through the stunning Peruvian Andes, surrounded by some of the most breathtaking scenery in the world.
- ✓ Escape the city for two unforgettable days, immersed in Mother Nature.
- ✓ Learn about the constellations and their Andean significance.
- ✓ Explore the rich diversity of Andean flora and fauna, guided by the expertise of your expert guide.

# HUMANTAY LAKE & SALKANTAY PASS

7 DAYS

Salkantay Mountain  
6271 m - 20574 ft



Humantay Lake  
4200 m - 13780 ft



Salkantay Pass  
4630 m - 15190 ft

7 km - 3.30 hrs



Challacancha  
3800 m - 12467 ft  
Trek starting point

Soraypampa  
3900 m - 12795 ft



End of the hike



Mollepata  
2850 m - 9350 ft  
Check Point



Cusco  
3400 m - 11155 ft  
Pick up

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	DISTANCE / HOURS
	CAMPS
	LUCH & REST AREA
	MAJOR ROAD
	MINOR ROAD
	FOOTPATH
	LAGOON

1

DAY

# HUMANTAY LAKE



## Highlights Of The Day

- ❑ Without a doubt, reaching the lake and looking at the stunning scenery all around.

**1****DAY**

## Hike to the Turquoise Jewel in the Andean Mountains



Your 2-day adventure begins early at 4:30am when your tour guide and driver pick you up at your hotel in Cusco. We drive approximately 2 hours towards Mollepata, where you will enjoy a nutritious breakfast to begin your journey. From there, we will continue 1 more hour to Challacancha (3800m/12,467ft), the official starting point of our trek.

From Challacancha, we will embark on a scenic hike towards Soraypampa. This initial section is not too strenuous, allowing you to acclimatize to the altitude gradually. Along the way, you will follow a charming Inca canal, surrounded by stunning Andean landscapes that set the tone for the adventure that awaits you. Upon arrival, our reception team will give you a warm welcome and offer you an exquisite lunch.

In the afternoon, we will make a gradual ascent to the impressive Humantay Lake (4,200m/13,780ft). The hike will be done at a pace suited to the altitude and at the top you will be rewarded with stunning views of the turquoise lake, cradled by the snow-capped Andes, a true natural wonder.

After having explored the Humantay lagoon we head downhill to our campsite and enjoy a delicious dinner and rest for the next day.

2

DAY

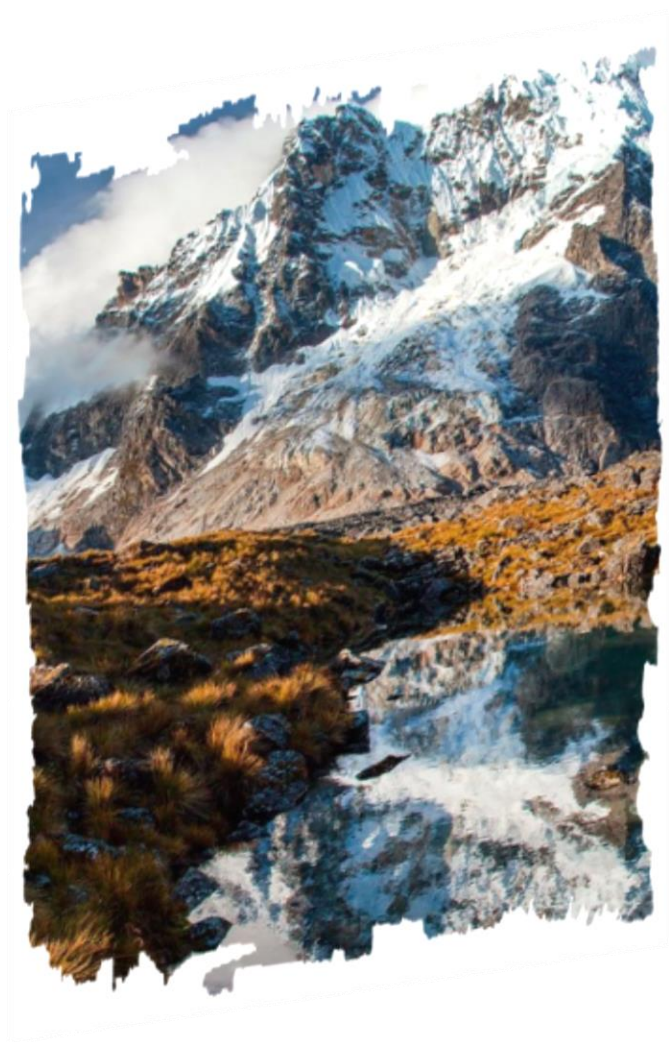
# SALKANTAY PASS

## Highlights Of The Day

☐ Feel the energy of Salkantay Mountain, the hike to the top will truly be worth it.

**2****DAY**

## Explore the Salkantay Pass and its surroundings



Today is the big day because you will reach the highest point of the trip. We will enjoy a hearty and nutritious breakfast before gradually ascending to Salkantay pampa and then through a challenging path known as “The Trail of the 7 Snakes” until reaching the impressive Salkantay Pass at (4,630 m / 15,190 ft). You will spend some time at the pass to take memorable photos and enjoy the fantastic scenery.

After taking in the stunning views of the snow-capped mountains and feeling the power of nature, we will pass through unique rocky terrain and descend to our campsite for lunch. Along the way, we will see a vast forest of snow-covered stones from a distance. Your hard work will be amply rewarded with incredible views everywhere you look.

After lunch, we will take a break before heading out on the last stretch for 30 minutes to board the transport. In this last part of the trip you will have plenty of opportunities to take great photos of valleys, mountains, rivers and crop fields. Finally, we will arrive in Cusco and drop you off at your accommodation. You will take with you good memories of the salkantay hike 2 days.

# INCLUSIONS

## Included / Not Included

### ☐ High Quality Service & Safety

- ✓ Pre-departure briefing
- ✓ Experienced tour guide in English and Spanish
- ✓ 1 duffle bag
- ✓ Medical Kit or First AID Kit
- ✓ A professional chef
- ✓ Customer service 24/7

### ☐ Transportation

- ✓ Day 1: Private transportation from Cusco to the hiking point.
- ✓ Horses, and muleteers; cargo mules will carry your (7 kg / 15.4 lb) personal items
- ✓ Day 2: Private transportation back to your hotel in Cusco.

### ☐ Extras included in our service

- ✓ Extra oxygen
- ✓ Sleeping bag
- ✓ Hiking poles

### ☐ Meals

- ✓ Meals: Breakfast (2), lunch (2), dinner (1)
- ✓ Food: (vegetarian and vegan food options available)
- ✓ Wake up tea
- ✓ Tea Time or Happy Hour
- ✓ Snacks on the trail daily
- ✓ Water during the hike
- ✓ Products for hygiene

### ☐ Permits & Entrance Tickets

- ✓ Entrance to Humantay Lake
- ✓ Entrance to Salkantay Pass

### ☐ What is not included?

- Travel insurance
- Gratuities for our staff
- Additional costs or delays beyond our control

# TRIP CHECKLIST

## 5 Days & 4 Nights

- ✓ Original Passport, important!.
- ✓ Sun hat, cap
- ✓ Water bottle or canteen
- ✓ Good hiking boots with ankle protector or similar, and one pair of flip-flops or light sandals
- ✓ Comfortable hiking clothes
- ✓ Rain gear (especially if traveling in the wet season, from October to March)
- ✓ Hiking poles
- ✓ Insect repellent
- ✓ Personal medication
- ✓ Sunblock and sunglasses
- ✓ Comfortable trousers
- ✓ Toiletries and hand sanitiser
- ✓ Hiking long-sleeve T-shirts
- ✓ Camera and film with extra batteries
- ✓ Phone and Camera charger and adapter
- ✓ Some snacks such as chocolate, cereal bars, candies, nuts, energy bars
- ✓ American dollars and Peruvian soles in cash
- ✓ Backpack to carry your things



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