



PERU TREK

Travel & Adventure

THE SHORT CHOQUEQUIRAO TREK

4 Days & 3 Nights

OVERVIEW

Choquequirao Trek 4 Days

The Choquequirao Route is truly spectacular and very rarely visited by tourists. In other words, it's barely known, seldom visited, and rarely explored. Choquequirao is believed to be the legendary last city inhabited by the Incas when the Spanish conquest reached Peru. You'll be amazed by the sheer size of the site, since it's much larger than Machu Picchu.

Prepare yourself for a journey through time, leaving modernity and worries behind as you wander through the stony streets of Choquequirao. You'll easily be able to imagine a lifestyle where great importance was given to the community and where there was a deep love and respect for Mother Nature or Pachamama as the Incas knew her. This intense and valuable connection between human beings and nature allowed the ancient civilization to create true wonders of architecture and engineering.

During this amazing adventure, you'll travel the ancient paths that the Incas used hundreds of years ago, climb high Andean peaks, contemplate the majestiness of the glaciers, descend through deep canyons where the gigantic condors fly, and cross through completely different ecosystems in this fantastically biodiverse country.

The highlight of the Choquequirao Trek 4 Days

- ✓ Get away from the crowds and enjoy this outstanding experience in peace and be at one with Mother Nature.
- ✓ Trek through stunning Andean landscapes and see how they change drastically from one area to the next.
- ✓ Explore Choquequirao, the largest Inca site in existence, without many other people around.
- ✓ Hike through the pretty Apurimac landscape and see canyons, the rushing river, and snowy peaks.
- ✓ Immerse yourself in this epic trip and feel like you've been transported back in time to the last days of the Inca Empire.
- ✓ Discover the ancestral secrets of the preparation of Cambray, known as the 'liquid diamond of the Andes'.
- ✓ Learn about the coca plant, cacao plant, and other local fruits.

THE SHORT CHOQUEQUIRAO TREK

4 DAYS



Choquequirao
3050 m - 10007 ft
3 km - 2.00 hrs

Check Point

NIGHT 2

Marampata
2900 m - 9514 ft
13 km - 7.00 hrs



Capuliyuc
2890 m - 9482 ft
Trek starting point

Capuliyuc pass
2890 m - 9482 ft

Cachora
2891 m - 9481 ft



Santa Rosa
1970 m - 6463 ft

Coca Masana
2330 m - 7644 ft

Chiquisca
1900 m - 6234 ft
11 km - 6.00 hrs

NIGHT 1 & 3

Playa Rosalinas
1500 m - 4921 ft



Apurimac river

- DISTANCE / HOURS
- CAMPS
- LUNCH & REST AREA
- RAILROAD
- MAJOR ROAD
- MINOR ROAD
- FOOTPATH
- LAGOON

1

DAY

CAPULIYUC PASS



Highlights Of The Day



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- Walk through some of the most beautiful landscapes in the world.

1**DAY**

Cusco - Capuliyuc - Chiquisqa



Your epic trip begins at 4:30 am when we collect you from your accommodation in Cusco and drive for five hours to Capuliyoc in our private transport. Along the way, you'll be treated to spectacular views of the Salkantay and Humantay snowy mountains.

When we arrive in Capuliyoc, you'll devour a delicious breakfast and meet the cook and horseman who'll make up your trekking team. They'll make sure your belongings arrive safely at each camp and ensure you're well-fed.

Once we start hiking, you'll make your way through the beautiful Apurimac landscapes through a huge valley on a 3-hour downhill walk. You'll spot two more gigantic mountains, Padreyoc and Qoriwayrachina before we reach our lunch spot at Coca masana (2330 m – 7.644 ft).

When you are full and with renewed energies, we will continue the walk to the bottom of the valley. Here, you will face the mighty Apurímac River, known as “God who speaks” in Quechua. The water features class V rapids, making it perfect for canoeing or rafting.

Finally, we will make the last descent until we reach Chiquisqa (1,900 m – 6,233 ft), our first camp. You will enjoy a tasty dinner before going to bed for a well-deserved sleep.

2

DAY

MARAMPATA



Highlights Of The Day

- Entering Choquequirao for the first time and being amazed.

2**DAY**

Chiquisqa - Santa Rosa - Maranpata



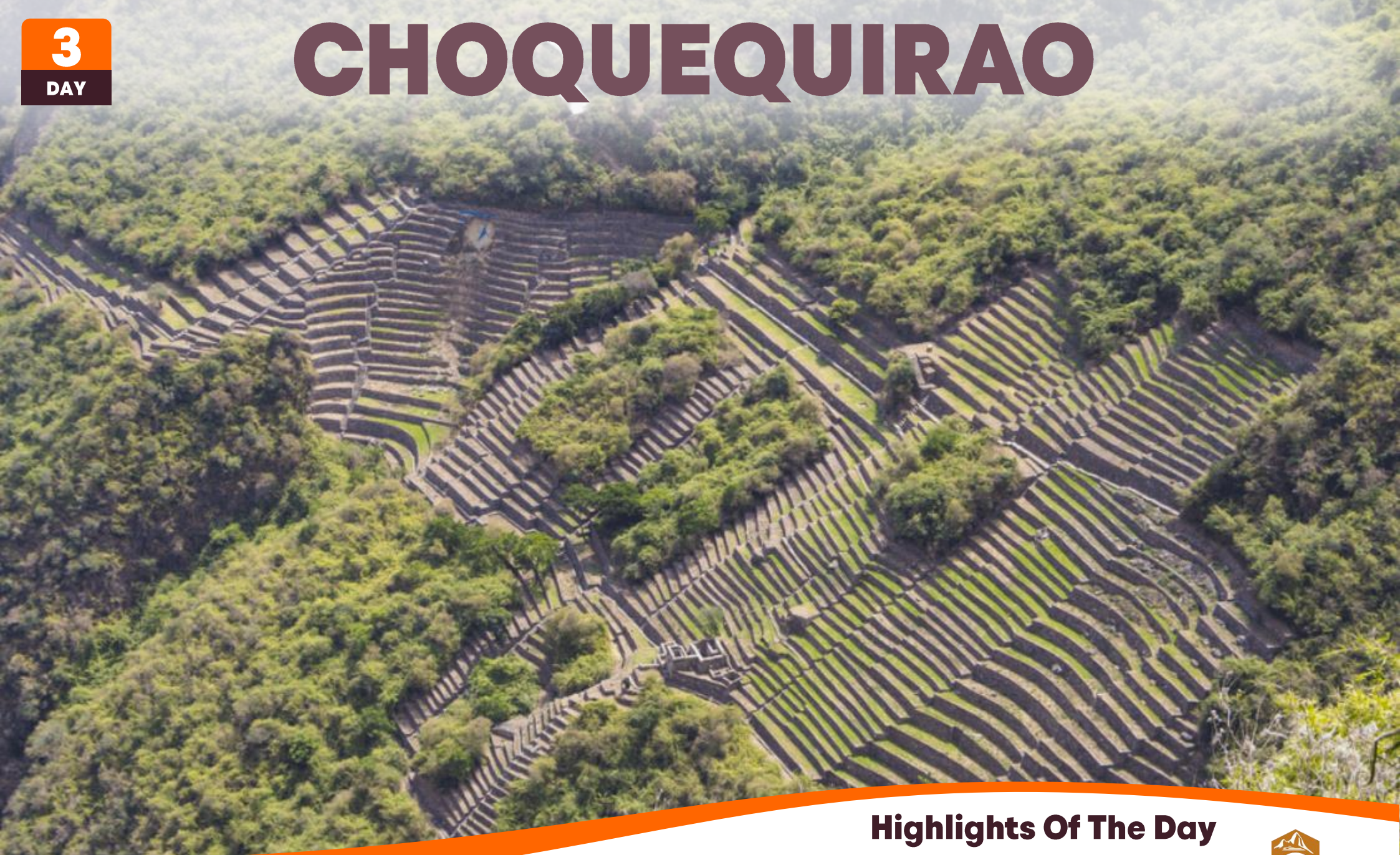
On this day, you will have the opportunity to immerse yourself in the surroundings and let the energy of this ancient site take hold of you. You will take your time and discover every part of the place located in the deep canyon. You are probably already imagining the breathtaking scenery that awaits you. Your guide will take you around the site and teach you about the history and other interesting stories.

We leave Chiquisqa as early as 6.00 am to go down to Rosalina Beach, which will take about one hour. We then cross the Apurimac River and start climbing towards Santa Rosa, zigzagging up a steep slope. This climb will take an approximated 2h, and it is important that we leave early so that the heat does not make it more difficult than it has to be. In Santa Rosa, we make a half an hour break, where those who wish may try Cambray, a local sugar cane extract. Afterwards, we continue our hike slowly climbing for two and a half hours until we reach our lunch spot in Maranpata. From here we walk another two hours until we reach the archaeological complex of Choquequirao, located at 3103 m/10178 ft, where we will set up camp and enjoy some free time to explore the terraces and buildings. When the sun starts to set, you might want to sit and contemplate the canyon, where condors are sometimes spotted.

3

DAY

CHOQUEQUIRAO



Highlights Of The Day

- Discover the secrets of Choquequirao.

3**DAY**

Maranpata - Choquequirao - Playa Rosalinas



This morning we enjoy a complete guided tour of the Choquequirao trek 4 days complex: we will visit the high parts (Hanan), and the low parts (Urin), and some areas that are still covered with wild foliage and ready to be restored to their original state, It was when the Incas possessed it. Choquequirao is much larger than Machu Picchu, although experts believe only 40% has been discovered so far, so there is likely to be much more to explore in the future. You will visit squares, temples and impressive terraces. All of this will make you wonder how ancient civilization could have built such a feat on top of mountains.

Do not miss some of the most important parts of the complex, such as the white stone llamas that were built to protect the important mountain that dominates the area known as Apu Qoriwayrachina. Choquequirao is still a mystery in many ways and imagine that in the coming years you will know more.

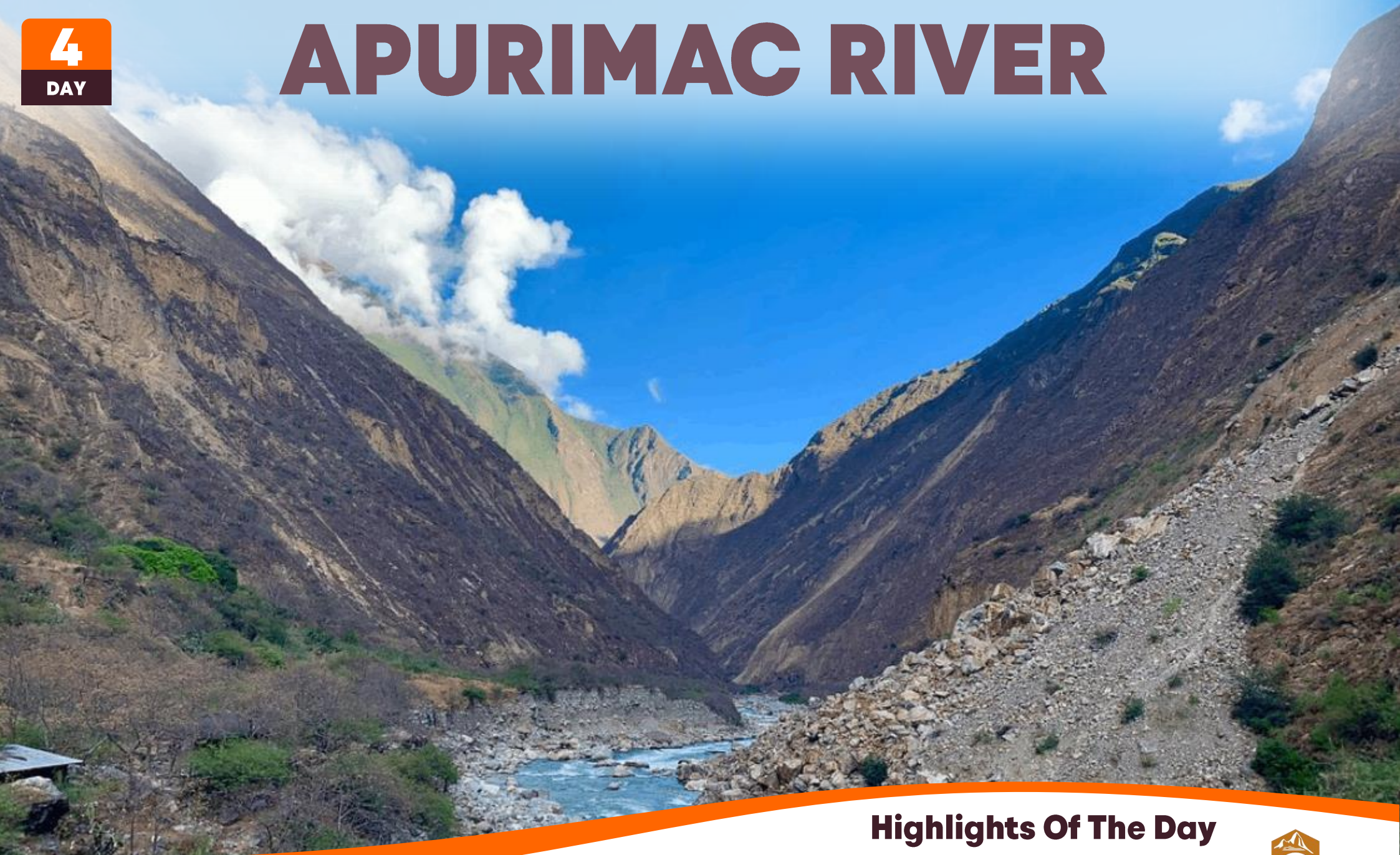
After the tour, we start our walk back to Santa Rosa, where we have lunch. We then continue descending for another 2 hours until we reach Playa Rosalina at 1450 m/4756 ft, where we may have time to take a refreshing dip in the waters of the Apurimac River. We camped and ate dinner here.

Once the sun has set, you'll notice the night sky fill with stars and constellations. Contemplate its meaning before going to bed.

4

DAY

APURIMAC RIVER



Highlights Of The Day

- Walk through the Apurimac canyon.

4**DAY**

Playa Rosalinas - Capuliyoc - Cusco



You will enjoy your last breakfast of the trip to Choquequirao trek 4 days, while listening to the roar of the Apurimac River and then start early to avoid walking under the scorching sun. Take a few last deep breaths and let Mother Nature guide you on your last section of the trek back.

We leave the camp after breakfast to start the two to three hour ascent to Chiquisca, to then start our way back to Abra Capuliyoc, near which we have lunch.

Make the most of your last chance to see the beautiful snow-capped mountains and take some memorable photos of the incredible scenery. You'll probably be physically tired at this point, but you'll have such a sense of satisfaction and accomplishment that none of it will matter. We will arrive back in Cusco and take you to the door of your accommodation around 6:00 p.m. for you to relax and rest as much as you need.

INCLUSIONS

Included / Not Included

High Quality Service & Safety

- ✓ Pre-departure briefing
- ✓ Experienced tour guide in English and Spanish
- ✓ Private Camping Equipment
- ✓ 1 duffle bag
- ✓ Medical Kit or First AID Kit
- ✓ A professional chef
- ✓ Customer service 24/7

Transportation

- ✓ Day 1: Private transportation from Cusco to the hiking point
- ✓ Horses, and muleteers; cargo mules will carry your (7 kg / 15.4 lb) personal items
- ✓ Day 4: Private transportation back to your hotel in Cusco

Extras included in our service

- ✓ Sleeping bag
- ✓ PRO Air sleeping pad
- ✓ Extra oxygen
- ✓ Hiking poles

Meals

- ✓ Meals: Breakfast (4), lunch (4), dinner (3)
- ✓ Food: (vegetarian and vegan food options available)
- ✓ Wake up tea
- ✓ Tea Time or Happy Hour
- ✓ Snacks on the trail daily
- ✓ Water during the hike
- ✓ Products for hygiene

Permits & Entrance Tickets

- ✓ Entrance ticket to Choquequirao trek
- ✓ Entrance ticket to Choquequirao Complex

What is not included?

- Travel insurance
- Gratuities for our staff
- Additional costs or delays beyond our control

TRIP CHECKLIST

4 Days & 3 Nights

- ✓ Original Passport, important!.
- ✓ Sun hat, cap
- ✓ Water bottle or canteen
- ✓ Good hiking boots with ankle protector or similar, and one pair of flip-flops or light sandals
- ✓ Comfortable hiking clothes
- ✓ Rain gear (especially if traveling in the wet season, from October to March)
- ✓ Hiking poles
- ✓ Insect repellent
- ✓ Personal medication
- ✓ Sunblock and sunglasses
- ✓ Comfortable trousers
- ✓ Toiletries and hand sanitiser
- ✓ Hiking long-sleeve T-shirts
- ✓ Camera and film with extra batteries
- ✓ Phone and Camera charger and adapter
- ✓ Some snacks such as chocolate, cereal bars, candies, nuts, energy bars
- ✓ American dollars and Peruvian soles in cash
- ✓ Backpack to carry your things



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