

1 Day



#### **Rainbow Mountain Trek Full Day**

Join us on this epic rainbow mountain journey away from the city and out into nature, among the most beautiful landscapes imaginable. Whether you're traveling alone, as a couple, or in a larger group, we have daily departures to accommodate you. This tour is designed for travelers who are short on time or to acclimatize for upcoming longer trips.

Throughout the rainbow mountain trek, the difficulty ranges from moderate to challenging, which is mainly due to the high altitude that exceeds 5,000 meters.

Even though Rainbow Mountain hike is usually full of tourists, we start our adventure very early to be the first to arrive. In this way, you can enjoy the tranquility and beauty without much interruption. We take our time and enjoy the hike with no pressure.

On this trek you can also visit the red valley, expect to immerse yourself in the lifestyle of the inhabitants of the small communities that they still maintain, that living culture of the Inca ancestors, observe numerous herds of llamas and alpacas grazing in the mountains and be witness firsthand millions of years of geological history. The imposing mountainous landscape will surely be the protagonist of your photographs.

#### The highlight of the Rainbow Mountain Trek Full Day

- ✓ Hike among some of the most stunning Andean landscapes imaginable and let Mother Nature whisk you away in her sheer beauty.
- ✓ Observe the unique flora and fauna and see alpacas and llamas grazing in the mountains and roaming free.
- ✓ Immerse yourself in the small mountain communities and witness how they live their lives so far away from the city.
- ✓ Hike to one of the most unique places on our planet and snap some special photos of the spectacular geological formation.
- ✓ Enjoy views of the highest mountain in the Cusco region, Ausangate, whose snowy peak stands tall nearby.



## PAINBOW MOUNTAIN FULL DAY PERU TREK Rainbow Mountain 5100 m - 16732 ft Red Valley Ausangate 6372 m - 20905 ft 3 km - 2.00 hrs Llacto 4630 m - 15190 ft Trek starting point 3.00 hrs DISTANCE / HOURS CAMPS Cusco Cusipata 3310 m - 10860 ft **LUCH & REST AREA** 3400 m - 11155 ft Pick up MAJOR ROAD MINOR ROAD FOOTPATH LAGOON WWW.PERUTREK.ORG





### Cusco - Cusipata town - Rainbow Mountain - Red Valley



Our adventure to the rainbow mountain tour begins at 4:00 am. We will pick you up at the door of your accommodation to go for 3 hours to the South Valley of Cusco in our private transport. Despite the early morning. Along the way, we will see picturesque Andean towns, agricultural platforms from the Inca era, fertile valleys, beautiful rolling mountains and lagoons. We will stop and watch the herds of llamas and alpacas that will entertain you while you enjoy a delicious continental breakfast in the Cusipata community, to give you the nutritional boost you need to start the trek.

We will continue our journey until we reach the starting point of the trek at 4,630 m / 15,190 ft. There we will start on a winding road in the middle of the Andean mountains that follows a beautiful stream. As you ascend, you will be rewarded with the breathtaking view of Ausangate Mountain (6,372m/20,905ft). Take a few minutes to try to understand why this mountain is a living deity for the Andean people.

This remote region is home to many people and you will have the opportunity to see them working the land. You will also be surprised to see the traditional clothing that they use and make themselves thanks to the textile artistic talents that the Incas have inherited from their ancestors. This is one of the many ways in which an ancient culture is preserved in the rural regions of Peru that refuses to submit to the rules of the Western world. Your guide will teach you the meaning of some clothes and, if you want, you can ask him to teach you some words in Quechua, the native language of many inhabitants of the area and which has been spoken since Inca times.

After an hour and a half of hiking, we will arrive at the incredible Rainbow Mountain of Cusco (5,100 m / 16,732 ft). Take your time to admire the amazing beauty of this impressive natural formation and feel the thrill of witnessing a unique natural site. You will explore a little the surroundings like the red valley and enjoy the impressive landscape while your guide explains the theories that exist about the origin of this mountain that seems to be taken from a colorful dream. Take this opportunity to take some amazing photos or just soak in the scenery. We will spend between 30 minutes and an hour at the top, depending on the speed of the hike and the weather conditions.

It will take us another hour to reach the starting point of the walk, from where we will board our transport to the restaurant in Cusipata and enjoy a buffet lunch. Then, we will board our private transport again to return to the city of Cusco. We will leave you at the door of your accommodation to rest your tired legs after the rainbow mountain hike.

# INCLUSIONS

### **Included / Not Included**

- ☐ High Quality Service & Safety
- ✓ Pre-departure briefing
- ✓ Experienced tour guide in English and Spanish
- ✓ Medical Kit or First AID Kit
- ✓ Customer service 24/7
- **☐** Transportation
- ✓ Day 1: Private transportation from Cusco to the hiking point
- ✓ Day 1: Private transportation back to your hotel in Cusco
- ☐ Extras included in our service
- ✓ Extra oxygen
- ✓ Hiking poles

- Meals
- ✓ Meals: Breakfast (1), lunch (1)
- ✓ Food: (vegetarian and vegan food options available)
- ✓ Snacks on the trail daily
- ✓ Water during the hike
- □ Permits & Entrance Tickets
- ✓ Entrance ticket to Rainbow mountain trek
- **□** What is not included?
- Travel insurance
- Gratuities for our staff
- Additional costs or delays beyond our control



# TRIP CHECKLIST

## **Full Day**

- ✓ Original Passport
- ✓ Water bottle or canteen
- ✓ Good hiking boots with ankle protector or similar
- ✓ Rain gear (especially if traveling in the wet season, from October to March)
- √ Hiking poles
- ✓ Personal medication
- √ Sunblock and sunglasses
- ✓ Toiletries and hand sanitiser
- **✓** Hiking long-sleeve T-shirts
- ✓ Camera and film with extra batteries
- ✓ Some snacks such as chocolate, cereal bars, candies, nuts, energy bars
- ✓ American dollars and Peruvian soles in cash
- ✓ Backpack to carry your things



