



PERU TREK

Travel & Adventure

A person with dark hair tied back, wearing a blue headband, sunglasses, and a light blue tank top, is sitting on a rocky ledge. They are looking out over a vast, lush green valley. A river winds through the valley floor. The background is filled with dense green foliage and hills.

**INCA JUNGLE
TO MACHU PICCHU**

3 Days & 2 Nights

OVERVIEW



Inca Jungle Trek 3 Days

Inca Jungle Trek 3 days to Machu Picchu. It is an adventure tour that involves activities such as cycling, rafting, zip lining, and hiking for 3 days and the last day you will visit Machu Picchu. See places of interest such as Inca ruins, coffee plantations, coca, fruits and enjoy the refreshing natural hot springs of Colcamayo.

Biking is not challenging because you go all the way downhill. You will enjoy any trip more if you are in good physical condition. The best advice we can offer is to follow the training suggestions in our “Before You Go” pre-departure information that we will send you when you book your trip.

The biking terrain is a zigzag paved road going downhill from the beginning to the end while you are biking, some cars will pass you, that’s why all the cyclists always keep their left side. We start our trip with a horse riding session.

We provide full suspension bikes and all cycling gear such as full cycling helmets, elbow pads, knee pads, and full body cycling armor. Remember that you have to carry all your belongings during the walk, but during the cycling, you do not bring anything because the car that will take us to the start of the cycling will always be behind us. The Inca jungle trek 3 days is the most memorable for those who want adventure.

The highlight of the Inca Jungle Trek 3 Days

- ✓ Witness the beauty of the rural Andes as you bike through the corn, quinoa, and potato fields.
- ✓ Fly through the jungle as you zipline among the canopy and beautiful wildlife.
- ✓ Learn about the interesting history of the Incas and observe their impressive structures.
- ✓ Explore the tropical area of Cusco, learn about the coca leaves, Peruvian coffee, and local endemic fruits.
- ✓ Explore the magical, mystical Machu Picchu.

INCA JUNGLE TO MACHU PICCHU

3 DAYS



1

DAY

BIKING DAY



Highlights Of The Day

- The feeling of riding a bike from the mountain tops to the warm and beautiful jungle.

1**DAY**

Cusco – Abra Malaga - Santa Maria – Santa Teresa



We will start our Inca Jungle Trail at 6:00 am with a pick-up from your hotel. When leaving, we will pass through the towns of Chinchero, Urubamba and Ollantaytambo, all belonging to the Sacred Valley. The adventure begins at Abra Málaga (4,316 m / 14,160 ft) high pass, with its impressive view of the snow-capped Huacay Willca (Mt. Veronica). Here we will receive our cycling equipment, bicycles and safety instructions.

Then we will begin our descent by bicycle, crossing different ecological zones such as Puna and Cloud Forest, both with a great variety of flora and fauna. After 3 hours of cycling downhill, we will end our cycling trip at the archaeological remains of Huaman Marq'a. Here we will take the van again and drive 25 minutes to the town of Santa María (approximately 1,200 m / 3,937 ft). From this town we will continue by bus for 40 more minutes to the town of Santa Teresa where we will spend our first night, leaving our luggage at the hostel we have the option of going to the hot springs.

Note 01: In the afternoon, we have the option of rafting on the Vilcanota River (optional). This river offers category II and III rapids. For this activity, we will give you a helmet, windbreaker and category V life jacket. This activity is available between the months of April to December, and as established by the Peruvian government, it is mandatory to know how to swim to do it.

2

DAY

ZIP LINE



Highlights Of The Day

- Experience the adrenaline rush on the zip line.

2**DAY**

Santa Teresa - Hidroelectrica - Aguas Calientes



We will start by the day by having our breakfast between 7:00 a.m. and 7:30 a.m., then everyone will have the option of doing Zip Lining with one of the most trusted operators in the area for approximately two hours (This activity is at an additional cost and is optional). Then, we will have transport to the Hydroelectric, where the government control is located to enter the Machu Picchu National Park (Machu Picchu Historical Sanctuary).

If you do not do the Zip Line, then we walk from Santa Teresa to Hydroelectric for approximately 3 hours. We meet at Hydroelectric with those who did the Zip Lining and those who did not. After this we will start to trek to the town of Aguas Caliente, passing through the area called Intihuatana, a small archaeological site. Here, our guide will teach us about this site.

We will continue to San Miguel, where we will enjoy our lunch. Along the journey, we will have the opportunity to take in the majestic Machu Picchu mountains and other constructions at the top of the mountain.

We will end the walk at roughly 16:00 hrs in the town of Aguas Calientes where we will spend the third night in a basic hostel.

3

DAY

MACHU PICCHU

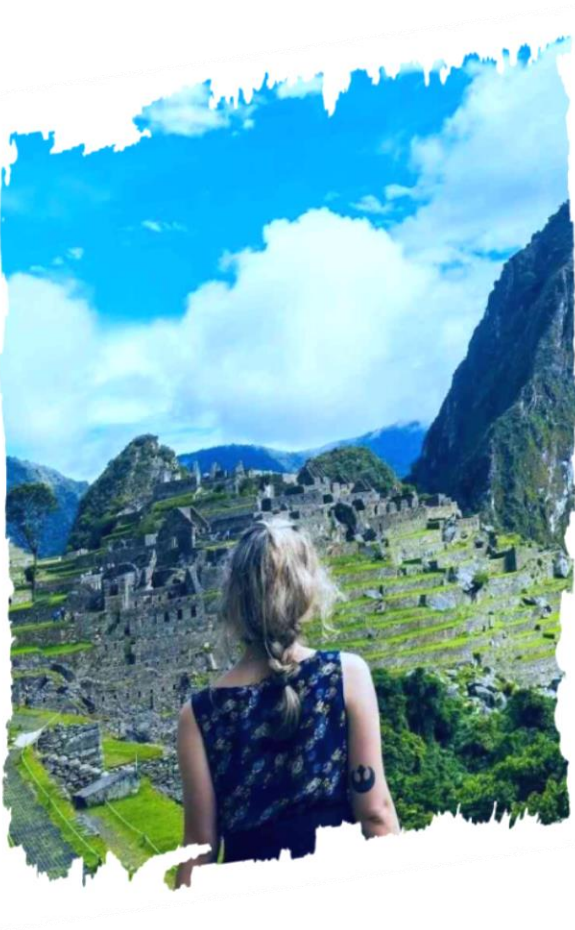


Highlights Of The Day

Let's discover every secret of Machu Picchu.

3**DAY**

Aguas Calientes - Machu Picchu - Ollantaytambo - Cusco



After breakfast, we will board the bus which will take us to the biggest energetic center of the Incas, “Machu Picchu”. As part of our itinerary, the same professional tour guide from the trek; will teach you about all the history of this mysterious and mystical place. We will visit the Sun Temple, Royal palace, Main Temple, Three Windows Temple and Sun Dial. It will be an unforgettable experience. After the guided tour, you will have free time to explore on your own.

If you have booked Wayna picchu, you will need to coordinate with your guide for Machu Picchu visiting depending on your scheduled time to the mountain, for people not hiking any of the mountains there are some other optional activities on your own (not included in the price):

Visit the Sun Gate: You will have an opportunity to walk (approx. 2 hours up and down) up to the Sun Gate (Inti Punku) to see Machu Picchu from a different angle.

Hike to the Inca Bridge: The Inca Bridge offers a dose of adventure for your next Machu Picchu visit. However, in this case, the adventure is a little less strenuous, but a lot more death defying, not for people with vertigo.

Train back to Cusco: In the afternoon, you will return to the train station in Aguas Calientes for the trip back to Ollantaytambo. Upon your arrival in the train station, you will be transferred by car to your hotel in Cusco.

INCLUSIONS

Included / Not Included

High Quality Service & Safety

- ✓ Pre-departure briefing
- ✓ Experienced tour guide in English and Spanish
- ✓ 1 duffle bag
- ✓ Medical Kit or First AID Kit
- ✓ Customer service 24/7

Transportation

- ✓ Day 1: Private transportation from Cusco to the biking point (Abra Malaga)
- ✓ Day 2: Your duffle bag will be transported by car and train
- ✓ Day 3: Train Ticket from Aguas Calientes to Ollantaytambo
- ✓ Day 3: Private transport from Ollantaytambo train station to your hotel in Cusco.

Extras included in our service

- ✓ Extra oxygen
- ✓ Day 1: Hostel in Santa Teresa
- ✓ Day 2: Hostel in Aguas Calientes

Meals

- ✓ Meals: Breakfast (3), Lunch (2), Dinner (2)
- ✓ Food: (vegetarian and vegan food options available)

Permits & Entrance Tickets

- ✓ Entry to Machu Picchu Archaeological Site

Optional: Extra Services Included

- ✓ Biking
- ✓ River Rafting
- ✓ Zip Lining
- ✓ Ticket to the hot springs of Santa Teresa

What is not included?

- Travel insurance
- Gratuities for our staff
- Additional costs or delays beyond our control

TRIP CHECKLIST

3 Days & 2 Nights

- ✓ Original Passport
- ✓ Flashlight with spare batteries
- ✓ Water bottle or canteen
- ✓ Good hiking boots with ankle protector or similar, and one pair of flip-flops or light sandals
- ✓ Rain gear (especially if traveling in the wet season, from October to March)
- ✓ Insect repellent
- ✓ Personal medication
- ✓ Sunblock and sunglasses
- ✓ Toiletries and hand sanitiser
- ✓ Hiking long-sleeve T-shirts
- ✓ Camera and film with extra batteries
- ✓ Phone and Camera charger and adapter
- ✓ Some snacks such as chocolate, cereal bars, candies, nuts, energy bars
- ✓ American dollars and Peruvian soles in cash
- ✓ Backpack to carry your things



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