



PERU TREK

Travel & Adventure

CHOQUEQUIRAO TREK TO MACHU PICCHU

7 Days & 6 Nights

OVERVIEW

Choquequirao Trek to Machu Picchu 7 Days

Imagine a way of life where community was given a lot of importance and where there was a deep love and respect for Mother Nature or (Pachamama). You will feel the incredible connection between humans and nature on this epic trail.

On this hike, you will pass through different landscapes and see some of the most impressive views you can imagine. Immerse yourself in snowy mountain communities and lush jungle teeming with wildlife and unique flora.

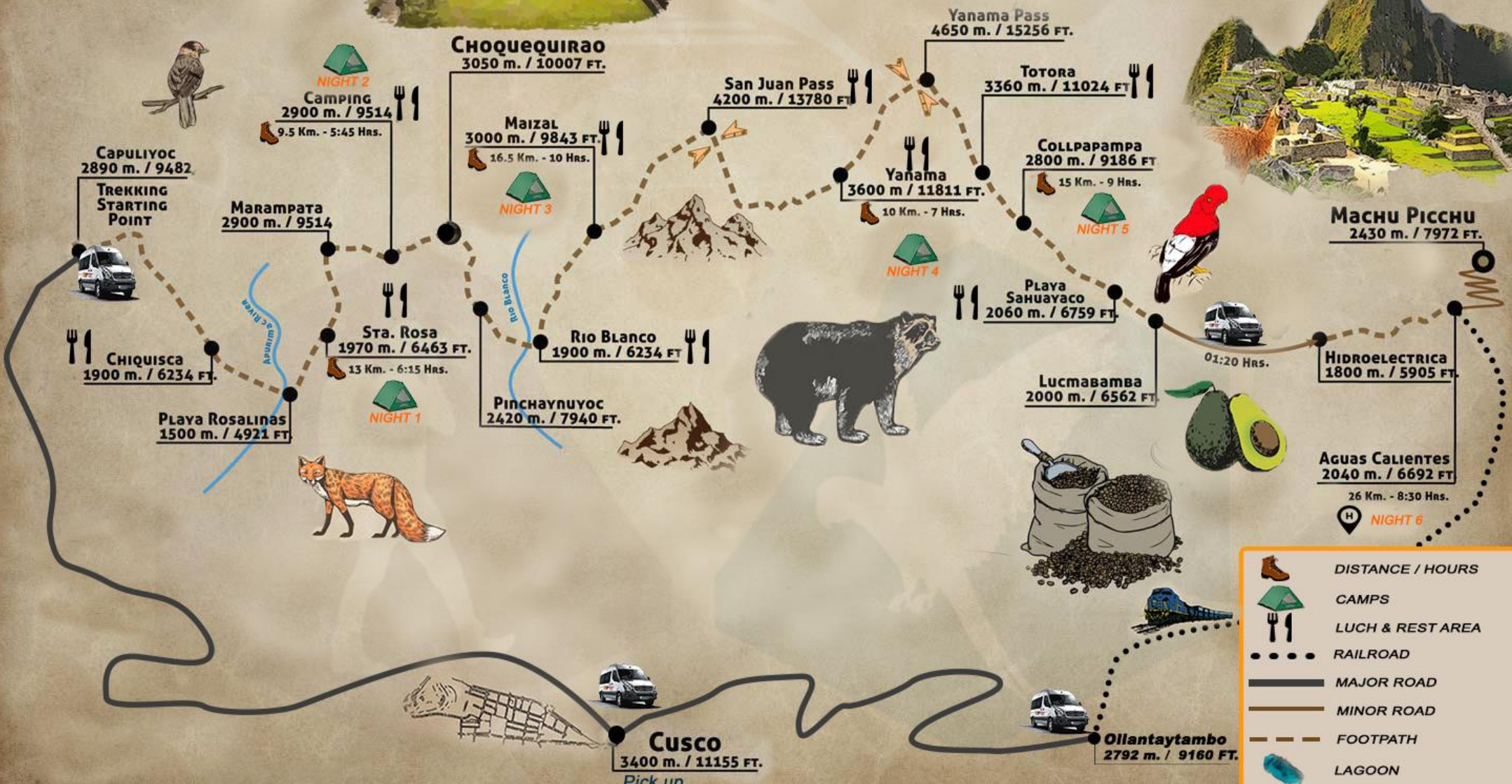
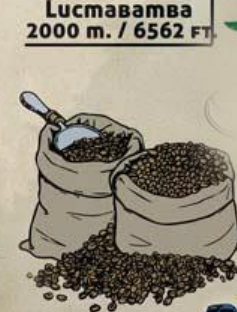
If that doesn't sound spectacular on its own, you'll also get to experience wandering the stony streets of Choquequirao trek to Machu Picchu 7 days. In the first part of the adventure, you will be away from the crowds and explore in awe the last resting place of the Incas, which is still unraveling the mysteries as we discover more about the site. In the second part, you will join other hikers on a route to one of the New Seven Wonders of the World, Machu Picchu.

The highlight of the Choquequirao Trek to Machu Picchu 7 Days

- ✓ Explore the two largest and most important Inca archaeological sites that exist: Choquequirao & Machu Picchu on an epic adventure.
- ✓ Enjoy a huge variety of landscapes and climates. Travel through the snow-capped Andean mountains, the intriguing cloud forest, and the warm jungle.
- ✓ Make the most of your time away from the crowds on a quiet and off-the-beaten-path trek to Choquequirao.
- ✓ Get to know the Apurímac Canyon, the deepest in the American continent and which is located next to Choquequirao.
- ✓ Discover the ancestral secrets of the preparation of Cambray, known as the 'liquid diamond of the Andes'.
- ✓ Getting a glimpse of the famous Apu Salkantay and wandering among more glaciers.
- ✓ Hike through the lush and lively jungle to get to Aguas Calientes at the base of Machu Picchu.
- ✓ Wandering around Machu Picchu's stony streets and imagining what life was like all those years ago.

CHOQUEQUIRAO TREK TO MACHU PICCHU

7 DAYS



	DISTANCE / HOURS
	CAMPS
	LUCH & REST AREA
	RAILROAD
	MAJOR ROAD
	MINOR ROAD
	FOOTPATH
	LAGOON

1

DAY

CAPULIYUC PASS



Highlights Of The Day

- Soaking up the amazing scenery all around and observing the Apurimac valley, canyon.



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1**DAY**

Cusco - Capuliyoc - Chiquisca - Santa Rosa



We start our Choquequirao Trek to Machu Picchu with an early departure from Cusco. Our exciting adventure begins today! We will pick you up from your accommodation around 4:30 am. and we will go to Capuliyoc (2970 m / 9744 ft), in a trip of 5 hours. You will have a delicious breakfast that will give you the energy to start the epic trek and meet the rest of the team, who will be with us throughout our trek. You will meet the chef and the horseman.

We will go over the last details before we start walking for the day. The first leg is 3 hours on a path, downhill to our lunch spot in Chiquisca (1950 m/6397 ft), a nice little place with lots of fruit fields. Along the way, you will be able to enjoy amazing views of the Apurimac Valley and see Padreyoc and Qoriwayrachina, two huge glaciers.

From the Apurímac River (1,520 m / 4,986 ft), we begin to climb to Camp Santa Rosa (2,095 m / 6,873 ft). This is a tough 2 hour climb, but it makes the next day easier! As the camp is more advanced than the more popular camp, it is often quiet and you can enjoy the place.

2

DAY

MARAMPATA



Highlights Of The Day

- Entering Choquequirao for the first time and being amazed.

2**DAY**

Santa Rosa - Marampata - Choquequirao Archaeological Complex



Today we leave early again to make the most of the day! A great breakfast will be ready and waiting for you today to give you the boost you need to get going. We will start walking at 5:30 am. and we will climb a zig-zag path for 3 hours to a place called Marampata (2900 m / 9514 ft). Here, you'll enjoy the most spectacular views and take great pictures to remember your journey through the snow-capped mountains and canyon below. Then we will continue walking for an hour and a half to reach our camp in Choquequirao. From this point, we will get our first view of the Choquequirao ruins. Here will be our lunch

Only about 30% of the Inca remains at Choquequirao have been excavated. However, what can be seen today is more impressive and worth the challenging journey to get there. The stonework at Choquequirao is not as sophisticated as that found at Machu Picchu, because the stone found here is very difficult to carve, but the buildings are impressive and suggest a high-status site. This afternoon, you will have plenty of time to enjoy the new scenery and feel the energy that this ancient site gives off. You will have the opportunity to stretch your muscles and explore the complex with your guide to learn more about the place.

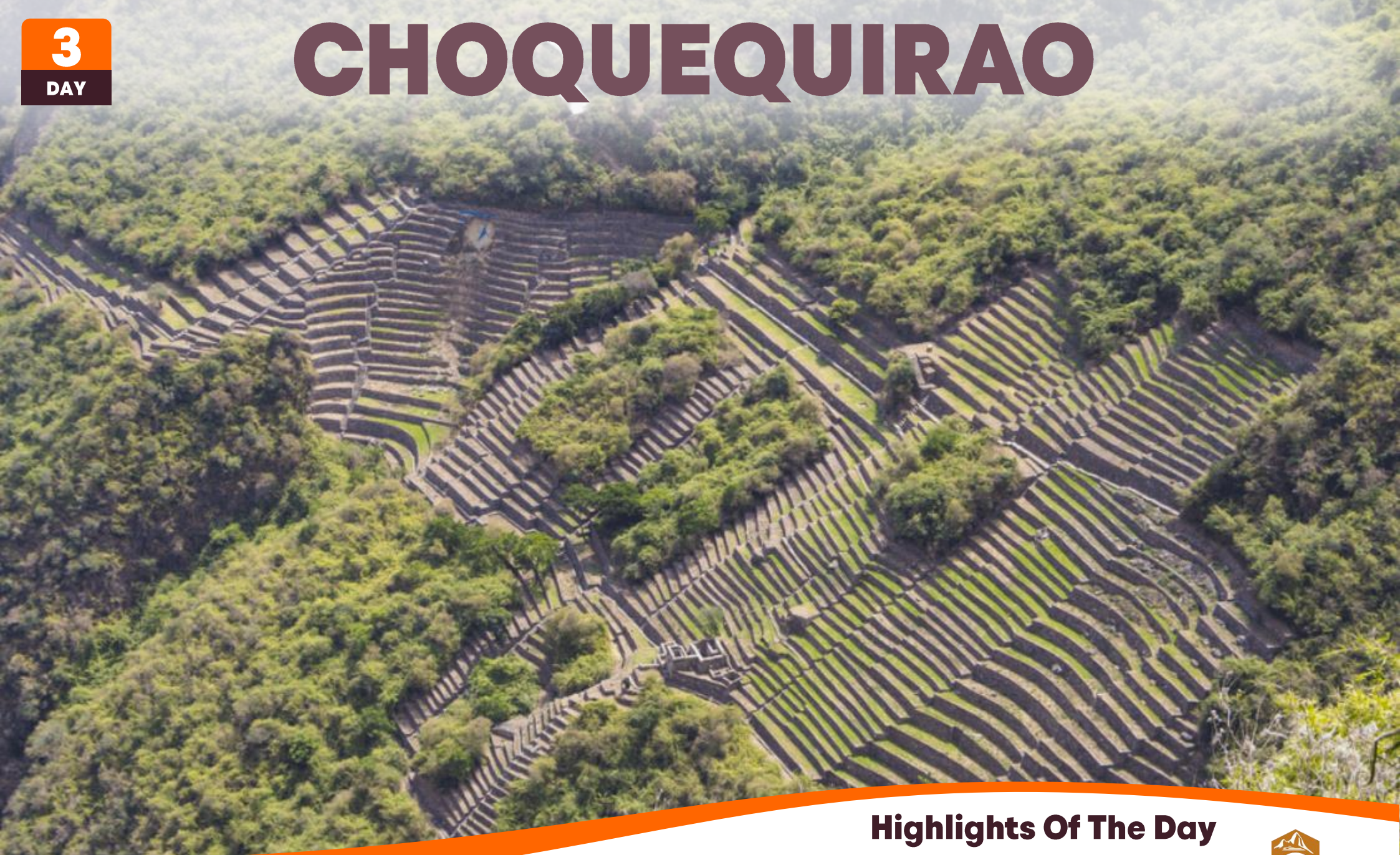
Tonight you will have a fantastic opportunity to see the brilliant sunset behind Choquequirao and the surrounding mountains. It will cast an orange glow on the giant rocks and fill you with peace.

Once it gets dark, we'll head back to camp for a delicious dinner to fill your hungry stomach and replenish your energy. Then you will go to your tent for another night of well-deserved rest, to continue our Choquequirao trek to Machu Picchu the next day.

3

DAY

CHOQUEQUIRAO



Highlights Of The Day

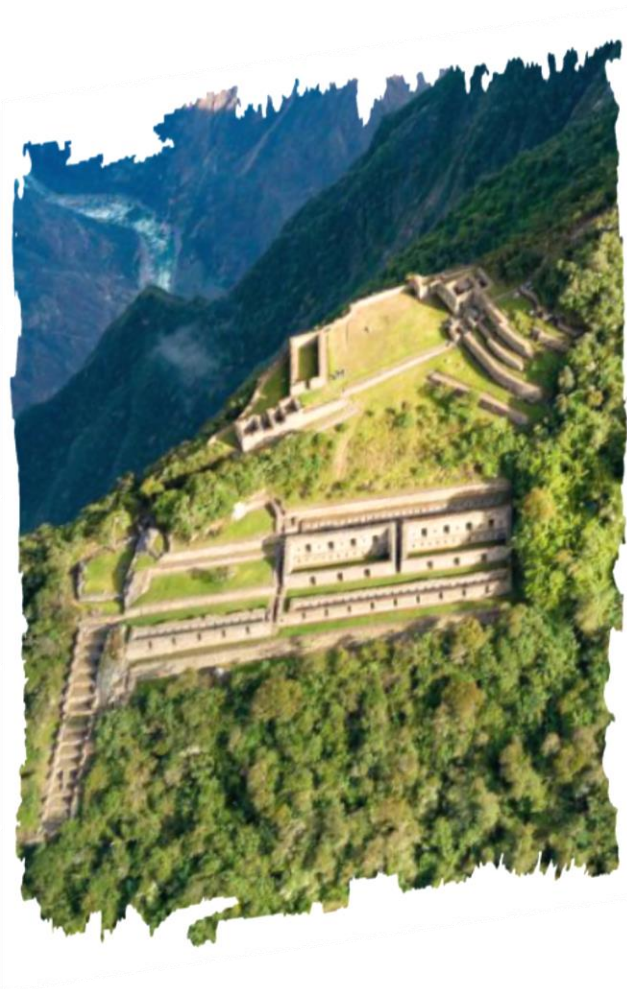
- Observing the glowing morning sun come up and shine its light on the complex.



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3**DAY**

Choquequirao - Pinchaunuyoc - Rio Blanco - Maizal



We recommend that you try to get up as early as possible today to enjoy one of the most spectacular sunrises you can imagine. The sun's rays will fill every crack in this place with color and life, ready for another day. Take a moment to thank Mother Nature for all the amazing things she has given us. It is the ideal way to say goodbye to Choquequirao.

After a nutritious breakfast, we will start walking this part of the Choquequirao trek to Machu Picchu, uphill towards the cloud forest, a fascinating and unique area.

Next, we will arrive at the Choquequirao pass (3,270 m/10,728ft) and then descend to the next archaeological complex on our route, Pinchaunuyoc (2,420 m/7,940ft). You will be amazed by the platforms that appear suspended over the abyss of the Blanco River canyon. You will enjoy a short tour of the site before continuing.

We will descend further to our lunch spot by the river and see many species of birds, different orchids and plantations of the sacred coca leaf. Many hikers like to take this time to take a quick dip in the crystal clear waters to cool off, this is a welcome dip after many days of hiking.

We will then cross the river and then begin a strenuous uphill climb to our Maizal campsite. Today has been the most challenging of all, but you will be able to rest once we reach the camp and enjoy a delicious dinner before going to bed.

4

DAY

MOUNTAIN GLACIERS



Highlights Of The Day

- Hiking among snowy mountain glaciers.

4**DAY**

Maizal - Minas Victoria - Yanama



After our lunch in Maizal we climb another 4–5 hours uphill through the cloud forest to Minas Victoria, an incredible and impressive climb, with an elevation gain of around 1000 m! Here we can admire the brightness of the outcropping rocks that illustrate the high concentration of minerals and metals and the reason for the old mines.

Another hearty breakfast will greet you before you begin a hike up an uphill trail surrounded by lush vegetation. The snowy mountains will appear again shortly and you will remember their power. Whether it's sunny or cloudy, you'll enjoy a spectacular view.

Today, we will climb uphill for about 5 hours until we reach the top. One of our favorite parts of the Choquequirao trek to Machu Picchu 7 days is waking up on the hillside and listening to the sounds of the forest and the birds. It's a truly great experience and really strengthens your bond with Mother Nature.

This part of the trail is historically significant due to the many ruins that can be found along the Choquequirao trek to Machu Picchu. We will pass through the impressive Inca mines, called Minas Victoria, from which silver was extracted. Next, we will head towards the San Juan Pass (4,200 m / 13,780 ft). This is a long climb, but you won't get out of phase because you are surrounded by beautiful scenery everywhere you look.

First, we will cross the intriguing cloud forest and then over the Andean Puna, known for its famous Ichu hay-like grass. As we get closer to the top, we will have the opportunity to walk some original paved Inca trails. We savor our lunch while enjoying the views of the Choquetakapu and Padrayoc mountains. If you haven't seen condors before this point, you may get a chance here, depending on the season.

Finally, we will head downhill to our Yanama camp (3,600 m / 11,811 ft). This is in a small community at the bottom of a large valley. Like every day, a delicious dinner awaits before another beautiful night sleeping in the middle of nature.

5

DAY

VIEWPOINT FROM COLLPAPAMPA TOWARDS THE VALLEY



Highlights Of The Day

- Getting a glimpse of the famous Apu Salkantay and wandering among more glaciers.



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5**DAY**

Yanama - Totora - Collpapampa



Today, you'll be woken up by jungle sounds and a relaxing waterfall. The locals who live in the Yanama community have preserved ancient traditions to this day, and it provides the perfect opportunity to immerse yourself in their culture. You'll be able to make some new friends and hand out gifts to the local children.

Once you've had a filling breakfast, we'll start a 5-hour ascent to the highest part of the hike, the Yanama pass (4,650 m / 15,256 ft). Along this part of the trek, you'll see farmers working their land in potato fields. You'll also spot Saqsarayoc and Padreyoc in all their snowy glory. You might even get to step on snow here, depending on the time of year. You'll see the imposing Salkantay mountain in the distance for the first time, too.

Later on, we'll descend for three hours along a fog-filled, mysterious path to the Totora community and have lunch along the way to replenish our energy. We'll then hike for another hour to Collpapampa, where you'll enjoy a spectacular dinner and a tranquil night's rest among nature.

6

DAY

TO AGUAS CALIENTES



Highlights Of The Day



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- Hike through the lush jungle to reach Aguas Calientes at the base of Machu Picchu.

6**DAY**

Collpapampa - La Playa - Hidroelectrica - Aguas Calientes



Today is your last day of hiking. You will enjoy an excellent breakfast before we continue our walk and cross the river to the other side of the valley. Six hours of walking through the jungle await us, and you will see plantations of passion fruit, banana, papaya, avocado and coffee, of course, you can taste the taste of these delicious fruits that this place offers us.

Once you arrive at Playa Sahuayaco, you will have time to rest and enjoy your last lunch prepared by our talented chef. Then we will go to Hydroelectric in our private transport. From there you can walk alongside the railway through lush vegetation to Aguas Calientes (2040 m/6693ft) for about 3 hours or take the train.

When you get there, you'll check into your hotel and then have the rest of the afternoon at leisure. You can relax in your room, explore the city or go to the hot springs to relax and unwind after the Choquequirao trek to Machu Picchu 7 days.

We will meet for dinner in a good restaurant and go over the last details about tomorrow's visit to Machu Picchu. Then, it will be time to go to rest because we will need to get up before the sun rises to reach the Lost City of the Incas.

7

DAY

MACHU PICCHU

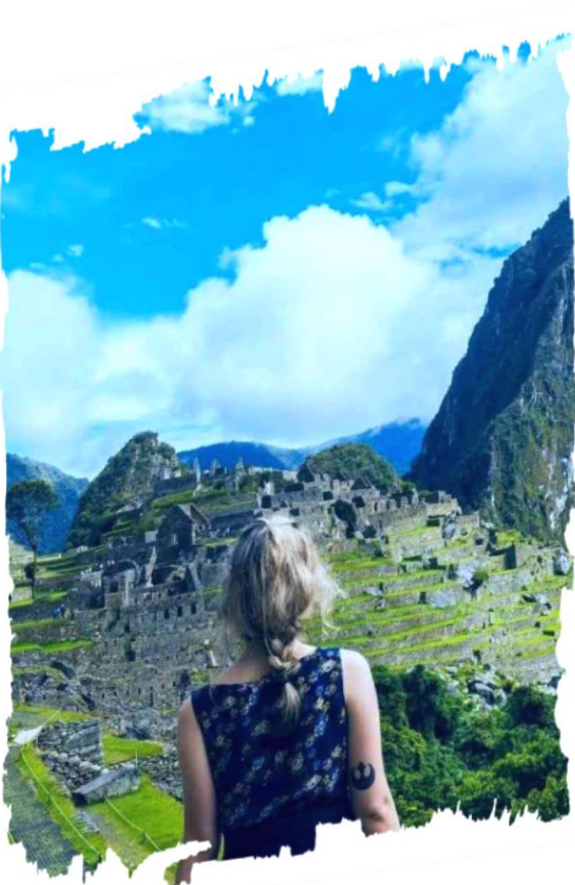


Highlights Of The Day

- ❑ Wandering around Machu Picchu's stony streets and imagining what life was like all those years ago.

7**DAY**

Aguas Calientes - Machu Picchu - Cusco Hotel



Your epic journey comes to an end today, with a visit to the New Wonder of the World and World Heritage Site, Machu Picchu. You will enjoy breakfast at the hotel before we leave early. We will board the bus from Aguas Calientes to the archaeological complex to arrive before the big crowds. This way you can take advantage of the morning light and watch the sun come up and cast its glow on the huge ancient rocks.

When you arrive at the Inca city, you will be given an informative and exciting 2-hour guided tour that will take you to the most important areas of the site. You will feel the energy of the place and see how the huge rustic stones become magnificent buildings that are always in peaceful harmony with nature. Remember that Machu Picchu is an extremely sacred place, it was when it was built and it still is today.

Once your tour is over, you'll have plenty of time to continue exploring on your own and stroll through the ancient streets. If you have booked additional tickets for Huayna Picchu or Machu Picchu Mountain, you will have the opportunity to climb them now for a spectacular view of the site. Alternatively, you can walk to Puerta del Sol or the Inca Bridge at no additional cost.

A little after noon, you should return to Aguas Calientes. You can find a restaurant for lunch before heading to the station. After a magical trip on the banks of the Urubamba River in a comfortable train, you will arrive in Ollantaytambo, where our private mobility will be waiting for you. It will take you back to Cusco, arriving at the door of your accommodation at approximately 8:30 p.m.

Now you will have time to rest your tired legs after an epic adventure Choquequirao trek to Machu Picchu 7 days through the mountains and jungle. We are sure that you will never forget this walk and you will have a unique experience.

INCLUSIONS

Included / Not Included

High Quality Service & Safety

- ✓ Pre-departure briefing
- ✓ Experienced tour guide in English and Spanish
- ✓ Private Camping Equipment
- ✓ 1 duffle bag
- ✓ Medical Kit or First AID Kit
- ✓ A professional chef
- ✓ Customer service 24/7

Transportation

- ✓ Day 1: Private transportation from Cusco to the hiking point
- ✓ Horses, and muleteers; cargo mules will carry your (7 kg / 15.4 lb) personal items
- ✓ Day 6: Your duffle bag will be transported by car and train
- ✓ Day 7: Bus ticket to Machu Picchu round trip
- ✓ Day 7: Train Ticket from Aguas Calientes to Ollantaytambo
- ✓ Day 7: Private transportation back to your hotel in Cusco

Extras included in our service

- ✓ Emergency horse
- ✓ Sleeping bag
- ✓ Extra oxygen
- ✓ Hiking poles
- ✓ PRO Air sleeping pad
- ✓ Hotel in Aguas Calientes (Day 6)

Meals

- ✓ Meals: Breakfast (7), lunch (6), dinner (6)
- ✓ Food: (vegetarian and vegan food options available)
- ✓ Wake up tea
- ✓ Tea Time or Happy Hour
- ✓ Snacks on the trail daily
- ✓ Water during the hike
- ✓ Products for hygiene

Permits & Entrance Tickets

- ✓ Entrance ticket to Choquequirao trek
- ✓ Entrance ticket to Choquequirao Complex
- ✓ Entry to Machu Picchu Archaeological Site

What is not included?

- Travel insurance
- Gratuities for our staff
- Additional costs or delays beyond our control

TRIP CHECKLIST

7 Days & 6 Nights

- ✓ Original Passport, important!.
- ✓ Sun hat, cap
- ✓ Water bottle or canteen
- ✓ Good hiking boots with ankle protector or similar, and one pair of flip-flops or light sandals
- ✓ Comfortable hiking clothes
- ✓ Rain gear (especially if traveling in the wet season, from October to March)
- ✓ Hiking poles
- ✓ Insect repellent
- ✓ Personal medication
- ✓ Sunblock and sunglasses
- ✓ Comfortable trousers
- ✓ Toiletries and hand sanitiser
- ✓ Hiking long-sleeve T-shirts
- ✓ Camera and film with extra batteries
- ✓ Phone and Camera charger and adapter
- ✓ Some snacks such as chocolate, cereal bars, candies, nuts, energy bars
- ✓ American dollars and Peruvian soles in cash
- ✓ Backpack to carry your things



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