



PERU TREK

Travel & Adventure

THE CLASSIC AUSANGATE TREK

5 Days & 4 Nights

OVERVIEW

The Classic Ausangate Trek 5 Day

Without a doubt, the Ausangate trek 5 days is an adventure for people traveling as a couple, with their family or friends. It offers some of the most wonderful landscapes in the entire Cusco area, with many birds, wildlife, also glaciers and lakes of different colors and sizes.

It is also one of the most challenging in the region. The Apu Ausangate (6,385 m / 20,905 ft) dominates the southern horizon of Cusco. As we approach this massive massif, one becomes more and more impressed and understands why the ancient Incas held this spectacular mountain in such high regard.

Along the Ausangate walking circuit, we pass through local villages where people dress in their typical attire, women in beautiful ornate top hats, and llamas graze freely.

The highlight of the Classic Ausangate Trek 5 Day

- ✓ Discover the lifestyle of the Andean settlers and take the opportunity to make new friends.
- ✓ Contemplate the immensity of the valleys and huge mountains from spectacular viewpoints.
- ✓ Learn all about local customs and traditions as well as the local wildlife.
- ✓ See some quite unique fauna such as Chinchillas, Condor “the largest Andean bird”, Vicunas “The only non-domesticated animal of the llama family”.
- ✓ Enjoy the wonderful landscape with glaciers, alpine lakes, and rugged mountains around the Ausangate Peak.
- ✓ Explore the impressive lakes and perform a small ceremony to Mother Earth.
- ✓ Relaxing in the hot springs and learning traditions that have been passed down for generations.

THE AUSANGATE TREK CLASSIC

5 DAYS



Sorapata
4700 m - 15420 ft
4 km - 3.00 hrs

Phinaya
4650 m - 15256 ft
7 km - 4 hrs

Palomani Pass
5200 m - 17060 ft

Ausangate cocha
4700 m - 15420 ft
5 km - 3.00 hrs

Qampa Pass
5070 m - 16634 ft
6 km - 3.00 hrs

Ausangate
6372 m - 20905 ft

Pucacocha Pass
4870 m - 15978 ft

Pucacocha
4500 m - 14764 ft

Arapa Pass
4800 m - 15748 ft

ninaparayoc
4700 m - 15420 ft
2 km - 1.00 hrs

Yanacocha
4500 m - 14764 ft
9 km - 4.00 hrs

Pacchanta
4200 m - 13780 ft
5 km - 2.30 hrs

Upis Pampa
4400 m - 14436 ft
6 km - 3.00 hrs

Upis Community
4250 m - 13944 ft
Trek starting point

Cusco
3400 m - 11155 ft
Pick up

-  DISTANCE / HOURS
-  CAMPS
-  LUCH & REST AREA
-  MAJOR ROAD
-  MINOR ROAD
-  FOOTPATH
-  LAGOON

1

DAY

AUSANGATE MOUNTAIN



Highlights Of The Day

- Submerging yourself in the first views of Vilcanota Mountain Range.

1**DAY**

Cusco | Tinki – Upis pampa



The day has come to leave for the Ausangate trek classic 5 days, we will go to your hotel at 5:30 am to leave the city of Cusco, then we will have a three-and-a-half-hour trip to reach the town of Upis, on the way. We will see picturesque towns, and we will stop a couple of times to enjoy the landscapes, once we reach Upis (the entrance trail, 4,350 m/ 14,272 ft) we will meet our local muleteers, horses and get ready for the adventure.

At this point, we will also have a nutritious breakfast. We will then walk gradually uphill for approximately 3 hours, following the highland valley inhabited by llamas and alpacas with spectacular views of Ausangate as a backdrop, to reach the lunch spot located at Upispampa (4400 m/14.435 ft). Today we will have lunch in a very picturesque place even with the Ausangate hill in the background.

After eating the delicious lunch, we will go to the upis lagoon, which is one hour from the camp. Where the Ausangate mountain is closely contemplated, after having spent a good time in the lagoon, we will return to our camp and where we will have tea time and more after dinner. Before going to sleep, they can observe the constellations and the night landscape, which will be wonderful.

2

DAY

PUKA QOCHA



Highlights Of The Day

- Hike through beautiful landscapes and glimpse the lagoons and Ausangate Mountain.

2**DAY**

Upis | Arapa Pass - Pucacocha - Ausangate Lake



Today we wake up with a wake-up tea at 5:30 am with coca tea brought to your tent. You will enjoy a delicious and nutritious breakfast prepared by our chef, which will give you the necessary energy to continue our adventure.

We then pack our belongings and start hiking with a gradual ascent to Pass Arapa (4850 m / 15912 ft). From this privileged place, you will be able to observe an impressive contrast in the landscape, the valley with its brilliant green. Also, let yourself be surprised by the 3 beautiful and crystalline lagoons, each one with a particular tone: red, green and turquoise. Then a slight descent to our lunch spot near Lake Pucacocha.

After enjoying the delicious food, we continue walking uphill until we reach the second pass of Apuchata (4900 m / 16,072 ft), along the way we will appreciate different glacial peaks, rivers, small lakes, alpacas, local shepherds and llamas, of course always. You will be with your guide, who will explain the area to you. There you will feel how your heart vibrates in front of the enormous glacier.

After a long trip, we will arrive at our camp at Ausangate lake (4700 m / 15,420 ft), where at this point we will have our delicious dinner and sleep for tomorrow to continue our Ausangate hike 5 days.

3

DAY

PALOMANI PASS



Highlights Of The Day

- Highest point of the hike and observe the stunning landscape.



PERU TREK
Travel & Adventure

3**DAY**

Ausangate Lake | Palomani Pass - Qampa Pampa



Very early we will wake up with a coca tea that will help us with altitude sickness, and later we will have breakfast that our chef prepares for us. Another great day to enjoy the amazingly colored hills next to Cerro Ausangate (6,384 m/ 20,945 ft), the highest mountain in Cusco, and see more glacial lagoons.

We continue our trek, the trail heads uphill to the next pass called Palomani (5,200 m – 17,060 ft), the highest pass of the entire trail; where, we will start to take a look at the massive mountain and some other colorful hills that are still nearby.

After spending a good time in the Palomani pass, we will walk downhill to reach the part of the Huchuy Pinaya valley, where we will have lunch at this point.

In the late afternoon, we will hike uphill for 2 more hours to the next campsite called Qampa pampa (4,700 m / 15,420 ft). Where at night we will have tea time, later dinner.

4

DAY

7 LAKES

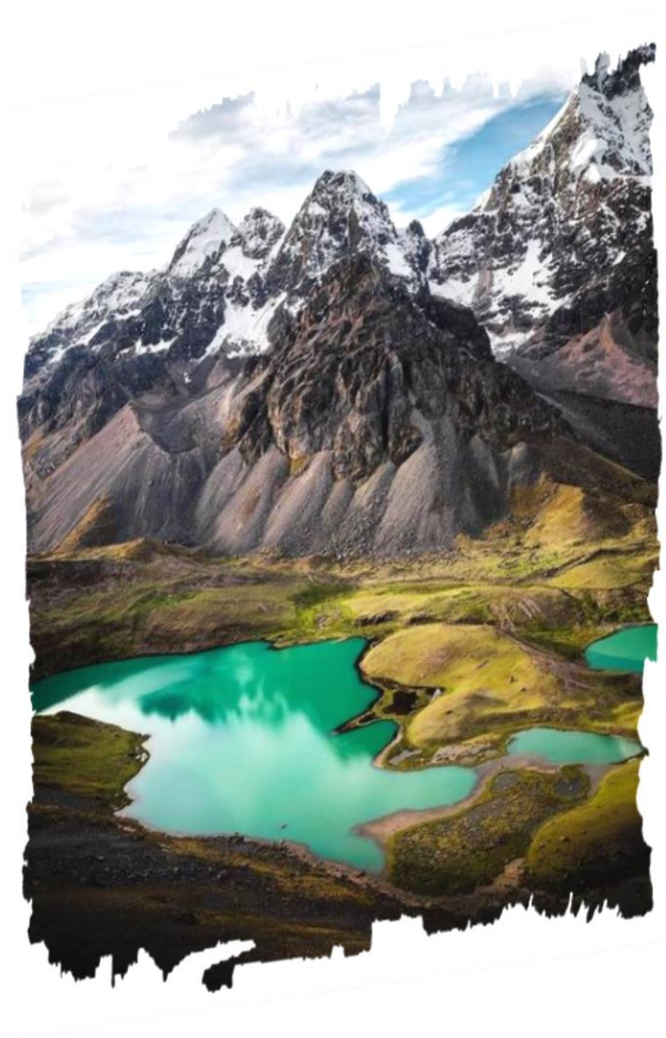


Highlights Of The Day

- Exploring the stunning lakes.

4**DAY**

Qampa Pampa | 7 Lagoons - Pacchanta Town



Another great day on this Ausangate tour 5 days, we wake up with hot coca tea in the morning.

After another delicious and revitalizing breakfast, we will start our trek uphill for approximately 3 hours to the last pass called Qampa (5,060 m / 16,601 ft), where we will have incredible glacial peaks right in front of us. We will then walk downhill to reach our last scenic spot for lunch.

After lunch, we continue walking for about 3 more hours, passing through beautiful landscapes with llamas, alpacas and vizcachas and also like the 7 lagoons that are really fantasy and of different colors, until we reach the community of Pacchanta (4,300 m / 14,108 ft), this place still preserves many of its traditions.

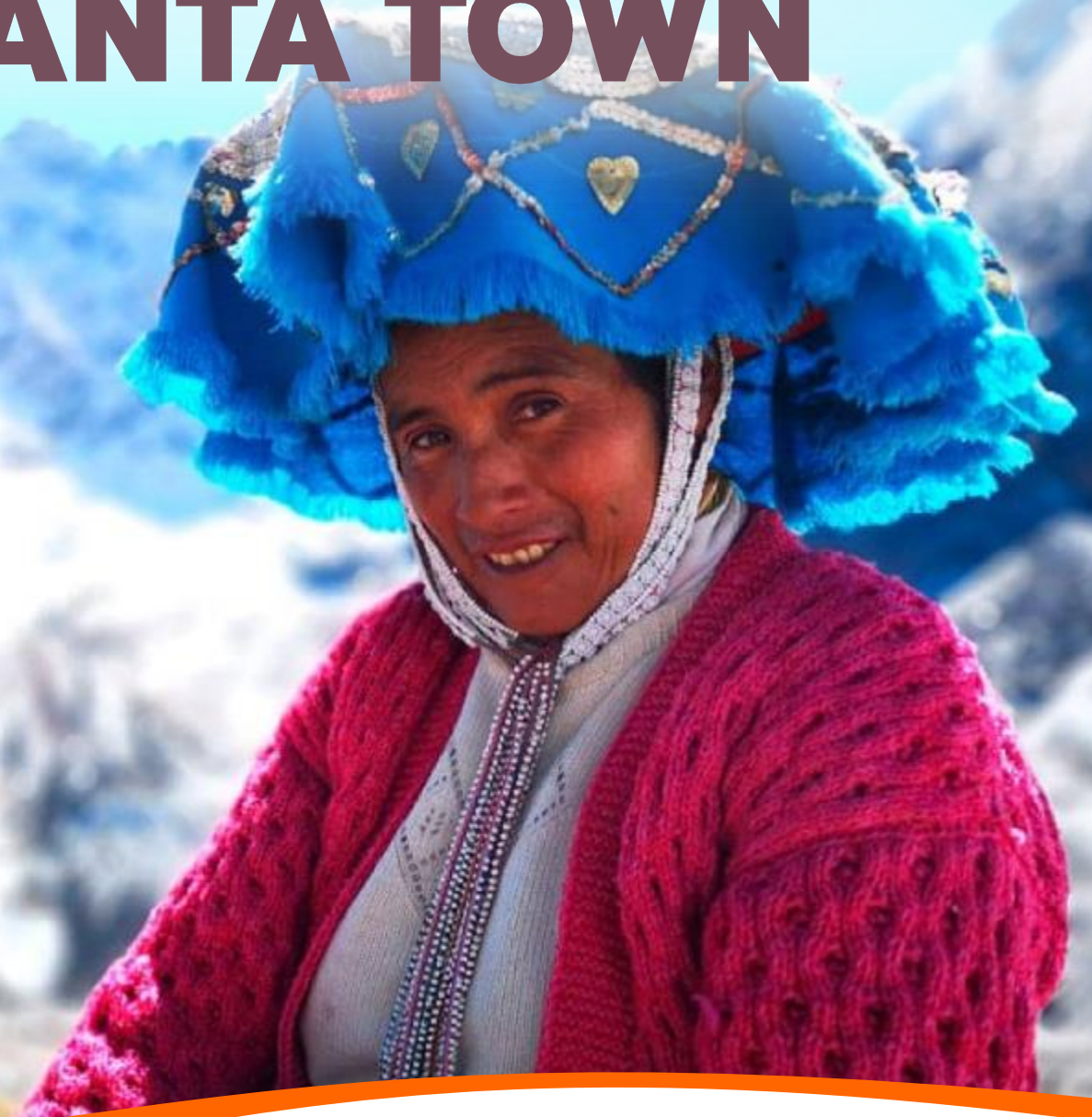
After we have arrived at our camp, we will have the afternoon at leisure and have the opportunity to revitalize and heal our tired bodies in medicinal hot springs.

We will end the day by satiating our hungry taste buds and bodies with another delicious dinner. You will truly be amazed at the delicacies that our talented chef conjures up in the mountains.

5

DAY

PACCHANTA TOWN



Highlights Of The Day

- Hiking through immense landscapes and learning about local customs and traditions.



PERU TREK
Travel & Adventure

5**DAY**

Pacchanta Town | Tinki - Cusco Hotel



On this last day, after a long classic Ausangate tour 5 days, we are going to wake up a little later and have a very rich and nutritious breakfast.

After breakfast, we will explore the town of Pacchanta, this point is interesting because even the people of this town still maintain the customs and traditions of their ancestors, the Incas: such as what are Andean textiles and the practice of agriculture that they maintain as they were years before without modern machinery.

After having explored the area, we are going to say goodbye to our cook and muleteer because they end their service at this point. Once our farewell is over, we will board our private van that will take us back to Cusco. Passing through mountains, rivers, lagoons and appreciating the people of the place until arriving at your hotel, Our estimated time of arrival is at sunset.

INCLUSIONS

Included / Not Included

High Quality Service & Safety

- ✓ Pre-departure briefing
- ✓ Experienced tour guide in English and Spanish
- ✓ Private Camping Equipment
- ✓ 1 duffle bag
- ✓ Medical Kit or First AID Kit
- ✓ A professional chef
- ✓ Customer service 24/7

Transportation

- ✓ Day 1: Private transportation from Cusco to the hiking point
- ✓ Horses, and muleteers; cargo mules will carry your (7 kg / 15.4 lb) personal items
- ✓ Day 5: Private transportation back to your hotel in Cusco

Extras included in our service

- ✓ Emergency horse to ride
- ✓ Sleeping bag
- ✓ Extra oxygen
- ✓ Hiking poles
- ✓ PRO Air sleeping pad

Meals

- ✓ Meals: Breakfast (5), lunch (5), dinner (4)
- ✓ Food: (vegetarian and vegan food options available)
- ✓ Wake up tea
- ✓ Tea Time or Happy Hour
- ✓ Snacks on the trail daily
- ✓ Water during the hike
- ✓ Products for hygiene

Permits & Entrance Tickets

- ✓ Entrance ticket to Ausangate trek
- ✓ Entrance ticket to Hot Spring Pacchanta

What is not included?

- Travel insurance
- Gratuities for our staff
- Additional costs or delays beyond our control

TRIP CHECKLIST

5 Days & 4 Nights

- ✓ Original Passport
- ✓ Flashlight with spare batteries
- ✓ Sun hat, cap, and warm hat and gloves for the nighttime
- ✓ Water bottle or canteen
- ✓ Good hiking boots with ankle protector or similar, and one pair of flip-flops or light sandals
- ✓ Comfortable hiking clothes, including warm clothes for the nighttime
- ✓ Rain gear (especially if traveling in the wet season, from October to March)
- ✓ Hiking poles
- ✓ Hiking socks
- ✓ Personal medication
- ✓ Sunblock and sunglasses
- ✓ Comfortable trousers
- ✓ Toiletries and hand sanitiser
- ✓ Hiking long-sleeve T-shirts
- ✓ Camera and film with extra batteries
- ✓ Phone and Camera charger and adapter
- ✓ Some snacks such as chocolate, cereal bars, candies, nuts, energy bars
- ✓ American dollars and Peruvian soles in cash
- ✓ Backpack to carry your things



PERU TREK

Travel & Adventure

WWW.PERUTREK.ORG



24 HRS. EMERGENCY CALL:
+51 926039462



E-MAIL:
info@perutrek.org



WHATSAPP:
+51 926039462