



**PERU TREK**

Travel & Adventure

# RAINBOW MOUNTAIN TO AUSANGATE 7 LAKES

**2 Days & 1 Night**



# OVERVIEW

## Rainbow Mountain to Ausangate 7 lakes trek 2 days

With this unique trekking tour, explore the Rainbow Mountain and Red Valley to Ausangate 7 lakes trek 2 days around the Ausangate Mountain Range and enjoy the natural hot springs at the bottom of the glacier in 2 days and 1 night. As you walk through some isolated communities, you will be able to interact with the local people who still keep the traditional Quechua culture alive. Arriving at Rainbow Mountain, you will be amazed by the natural rainbow colors of the sandstone created by the mineral deposit in the mountains in the Vinicunca area. It is very different from any other mountain in the Andes Mountains. You don't want to miss it!

Visit seven beautiful and colorful lagoons in the 7 lakes in the Ausangate mountains, which are dark green, turquoise and blue. The richness of colors of the lakes is an unforgettable experience. These lagoons are surrounded by spectacular landscapes and glacial mountains. This memorable trip will end in the natural hot springs of Pacchanta, where you can relax after the hike.

## The highlight of the Rainbow Mountain to Ausangate 7 lakes trek 2 days

- Marvel at majestic snow-capped peaks, glaciers, and crystalline turquoise lakes.
- Hike through Rainbow Mountain and Red Valley.
- Enjoy the hot springs in Pacchanta surrounded by snowy mountains.
- See native communities that still preserve Inca traditions, dressed as in the Inca Empire.
- Interact with native communities and listen to how they speak the Inca language Quechua.



# RAINBOW MOUNTAIN TO AUSANGATE 7 LAKES

3 DAYS



**Qampa Pass**  
5070 m - 16634 ft

**ninaparayoc**  
4800 m - 15748 ft  
7 km - 3.30 hrs

**Ausangate**  
6372 m - 20905 ft

**Rainbow Mountain**  
5100 m - 16732 ft  
3 km - 2.00 hrs

**Red Valley**  
5020 m - 16470 ft  
1.5 km - 00.30 hrs

Trek starting point

**Llactoc**  
4630 m - 15190 ft  
4 km - 2 hrs

**Ocongate**  
3500 m - 11842 ft

**Pacchanta**  
4200 m - 13780 ft  
7 km - 2 hrs

**Cusipata**  
3310 m - 10860 ft

**Tinki**  
3800 m - 12467 ft

**Cusco**  
3400 m - 11155 ft  
Pick up

**Urcos**  
3150 m - 10334 ft

	DISTANCE / HOURS
	CAMPS
	LUCH & REST AREA
	MAJOR ROAD
	MINOR ROAD
	FOOTPATH
	LAGOON



1

DAY

# RAINBOW MOUNTAIN



## Highlights Of The Day



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- ☐ Stunning natural colors of the Vinicunca mountain.

**1****DAY**

## Rainbow Mountain & Red Valley to Pacchanta (Hot Spring)



Your amazing Rainbow Mountain Trek adventure begins with pickup from your hotel at 4.30am! We begin our 3 hour drive through the South Valley, en route to the trailhead at Llacto (4,638m/15,216ft). Along the way, there are stunning views of Inca agricultural terraces, traditional villages, valleys, and high Andean peaks.

Herds of alpacas and llamas near your breakfast spot will entertain you early in the morning. Enjoy a delicious and filling breakfast, then return to the van for the last 5 minute drive to the trailhead. We start our hike following a beautiful stream, with views of the Ausangate mountain and glaciers. This is a great place to interact with the local people, who still keep the traditional Quechua culture alive. Learn about their traditional clothing and the significance of the different hats worn by the men. Ask your guide to teach you some Quechua words!

After walking for about 1.5 hours, we finally reached our destination: Rainbow Mountain! (5,080 m / 16,466 ft). After admiring the unique beauty of this colorful landscape, you will have time to explore the area. You can take pictures or just enjoy the view. We will spend approximately 30 minutes at the top. Then, we hike to the top of the Red Valley, let's explore and enjoy this amazing place. This hike takes about 45 minutes more to get back to the trailhead.

At this point, we go back the way we came. The walk lasts 1 hour, then we enjoy our hearty lunch that will be prepared by our chef while you walk.

We will start the 2.30-hour trip to Pacchanta where we will camp right next to the hot springs.



2

DAY

# 7 LAGOONS

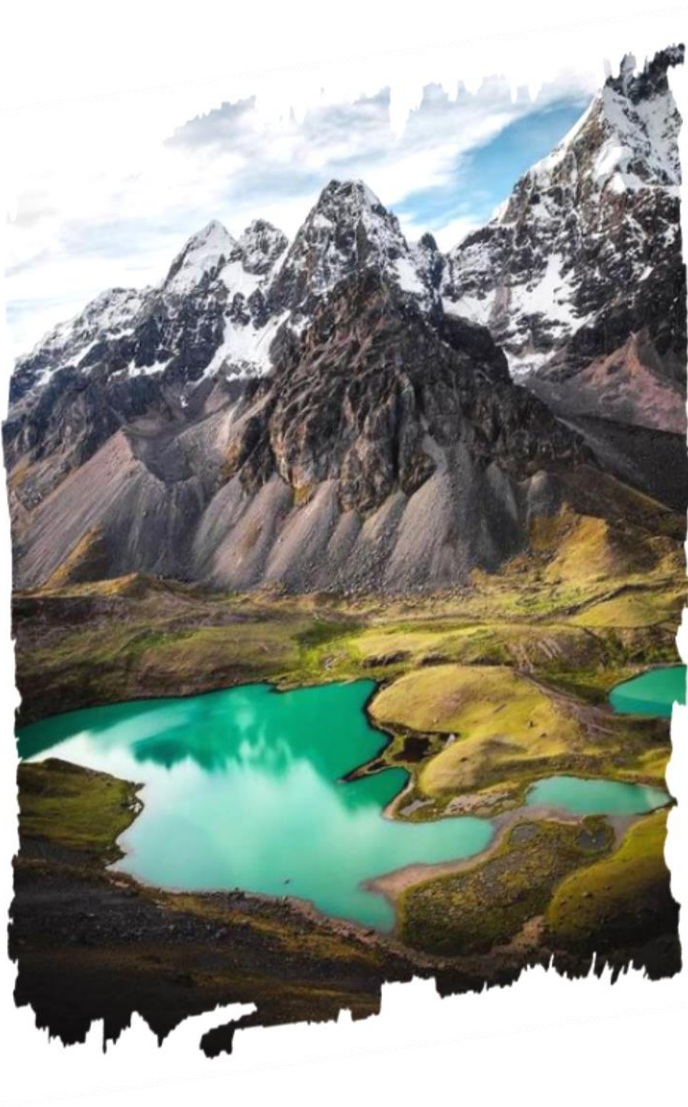


## Highlights Of The Day

- ❑ Amazing lagoons of different colors.

**2****DAY**

## Explore Ausangate Trek & 7 lagoons



We will start our day bright and early with a hearty breakfast and watch the sunrise over the Andes. Then we will start the ascent to the seven lagoons, where you will discover some of the wonders of mother nature in all its splendor.

After a 3.5-hour hike, we will arrive at the 7-lagoons viewpoint where we will be able to appreciate the snow-capped mountains and glaciers that surround us. Around every corner, there will be a new discovery on this magical Ausangate trek, where you can find inner peace and be one with nature. Wildlife here is abundant with the native chinchillas, vicuñas and local birds as your company for the duration of your trip and always in the shadow of the sacred Ausangate mountain.

After having spent some time enjoying this spectacular place, we will begin our descent through the Comercocha valley and return to our accommodations, where a delicious lunch will await us. Then we will start our return to our hotel in Cusco.

# INCLUSIONS

## Included / Not Included

### High Quality Service & Safety

- ✓ Pre-departure briefing
- ✓ Experienced tour guide in English and Spanish
- ✓ Private Camping Equipment
- ✓ 1 duffle bag
- ✓ Medical Kit or First AID Kit
- ✓ A professional chef
- ✓ Customer service 24/7

### Transportation

- ✓ Day 1: Private transportation from Cusco to the hiking point
- ✓ Day 2: Private transportation back to your hotel in Cusco

### Extras included in our service

- ✓ Sleeping bag
- ✓ Extra oxygen
- ✓ Hiking poles
- ✓ PRO Air sleeping pad

### Meals

- ✓ Meals: Breakfast (2), lunch (2), dinner (2)
- ✓ Food: (vegetarian and vegan food options available)
- ✓ Wake up tea
- ✓ Tea Time or Happy Hour
- ✓ Snacks on the trail daily
- ✓ Water during the hike
- ✓ Products for hygiene

### Permits & Entrance Tickets

- ✓ Entrance ticket to Rainbow Mountain
- ✓ Entrance ticket to Ausangate 7 lakes

### What is not included?

- Travel insurance
- Gratuities for our staff
- Additional costs or delays beyond our control



# TRIP CHECKLIST

## 2 Days & 1 Night

- ✓ Original Passport
- ✓ Flashlight with spare batteries
- ✓ Sun hat, cap, and warm hat and gloves for the nighttime
- ✓ Water bottle or canteen
- ✓ Good hiking boots with ankle protector or similar, and one pair of flip-flops or light sandals
- ✓ Comfortable hiking clothes, including warm clothes for the nighttime
- ✓ Rain gear (especially if traveling in the wet season, from October to March)
- ✓ Hiking poles
- ✓ Hiking socks
- ✓ Personal medication
- ✓ Sunblock and sunglasses
- ✓ Comfortable trousers
- ✓ Toiletries and hand sanitiser
- ✓ Hiking long-sleeve T-shirts
- ✓ Camera and film with extra batteries
- ✓ Phone and Camera charger and adapter
- ✓ Some snacks such as chocolate, cereal bars, candies, nuts, energy bars
- ✓ American dollars and Peruvian soles in cash
- ✓ Backpack to carry your things



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