



PERU TREK

Travel & Adventure

AUSANGATE TREK TO RAINBOW MOUNTAIN

4 Days & 3 Nights

OVERVIEW

Ausangate Trek To Rainbow Mountain 4 Days

Ausangate trek 4 days, it is the best trek you will have in your whole life, with dynamic views where you will have a unique connection with mother nature and appreciate the entire valley that surrounds the mountain (APU) Ausangate (6372m / 20905ft) with colorful lakes, Rainbow mountains, where on the way we will see the mountains covered with snow, remote and colorful Andean towns, we will pass through the mountains with unique views of the natural landscape that this site offers.

Ausangate Mountain (6372m / 20905ft) is one of the highest mountains in Cusco, and where you can see more than 20 brightly colored lakes surrounded by alpacas and llamas, Andean ducks floating on the lakes and Andean people are also seen of the place that still keep alive the customs of the ancestors.

The highlight of the Ausangate trek to Rainbow Mountain 4 days

- ✓ Share experiences with the last descendants of the Incas, you will learn their ancestral rites and traditions, celebrate a ceremony to mother earth with the sacred coca leaves.
- ✓ Get to know the textile tradition of the Andes of Ausangate, where they embody their sacred symbology in their outfits.
- ✓ View the best part of ice-clad Ausangate mountain and diverse mountainscape of the Vilcanota range.
- ✓ Perfect for everyone whose time is limited but keen to see the best part of Ausangate, ending the adventure at Rainbow Mountain.
- ✓ End your trip to the impressive Rainbow Mountains of Peru, you will be amazed at the formation of their natural colors.
- ✓ Hike along the impressive Ausangate route, which is famous for impressive natural landscapes, red Valley, such as glaciers, turquoise lakes, alpacas.
- ✓ Connect your body and mind with the best energy of the (Apus), sacred mountains.

AUSANGATE TREK TO RAINBOW MOUNTAIN

4 DAYS



Rainbow Mountain
5100 m - 16732 ft

3 km - 2.00 hrs

Warmisaya Pass
4985 m - 16355 ft

Pucacocha Pass
4870 m - 15978 ft

Ausangate
6372 m - 20905 ft

Arapa Pass
4800 m - 15748 ft

Pucacocha
4500 m - 14764 ft
2 km - 2.00 hrs

Hananta
4750 m - 15584 ft
8 km - 4.30 hrs

Surinecocha
4800 m - 15748 ft
4 km - 3.00 hrs

Yanacocha
4500 m - 14764 ft
9 km - 4.00 hrs

End of the hike
2 km - 1.00 hrs

Upis Community
4250 m - 13944 ft
Trek starting point

Upis Pampa
4400 m - 14436 ft
6 km - 3.00 hrs

Cusco
3400 m - 11155 ft
Pick up

NIGHT 1

NIGHT 2

NIGHT 3

THERMAL BATHS

	DISTANCE / HOURS
	CAMPS
	LUCH & REST AREA
	MAJOR ROAD
	MINOR ROAD
	FOOTPATH
	LAGOON

1

DAY

AUSANGATE MOUNTAIN

UPIS



Highlights Of The Day

- Being accompanied by the enormous Ausangate Mountain all day.

1**DAY**

Cusco | Tinki - Upis



We leave Cusco around 6:00 am in a private transport and drive along the Cusco – Puerto Maldonado highway in the direction of Tinki (4100m / 13448ft), an agricultural and livestock community. Where we will have a delicious breakfast.

The start of our trek we start from the town called Tinki, at the base of the impressive Ausangate mountain, we walk through the local villages until we reach the small settlement of Upis (4400 m / 14.435 ft) and with the opportunity to take a dip in the local hot springs (10 soles). Here the camp will be ready and you will have the opportunity to enjoy the picturesque backdrop of the mountains as the sun sets on the mountains.

Our chef will prepare a succulent lunch and dinner.

2

DAY

PUKA QOCHA



Highlights Of The Day

- Hike through beautiful landscapes and glimpse the lagoons and Ausangate Mountain.



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2**DAY**

Upis | Arapa Pass - Pukaqocha



In the morning we will wake up with hot drinks in our tents and afterwards we will have a delicious and nutritious breakfast, to then start the walk with a slight gradual ascent towards the Arapa pass (4850 m / 15,908 ft).

Then, we will walk a slight descent to the place where we will have lunch, where we will be able to observe several lagoons of different colors (Pukaqocha, HatunPukaqocha and Qomerqocha). After lunch we continue to Lake Pukaqocha, a perfect stop for a break. Along the way see local shepherds and llamas, and your knowledgeable guide will explain the history of the locals and the scenery along the way. Our camp for tonight is located just below the mighty Ausangate Mountain.

Your evening will be enjoyed with a unique dinner and a view of the mountain and incredible glaciers (APU) Ausangate (6,372 m / 20,900 ft).

3

DAY

HANANTA



Highlights Of The Day



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- Seeing Rainbow Mountain and watching the warm sunset behind its colorful body.

3**DAY**

Pukaqocha | Pukaqocha Pass - Ananta



We will have a beautiful sunrise like every day, but this day will be even more beautiful for its amazing views of the panorama and it will also be the shortest hike.

As every day we will wake up with hot drinks before a delicious breakfast and then start the walk with a considerable ascent to the PukaQocha pass, once there we will be rewarded, from this viewpoint we will appreciate all the impressive 360 ° views of one of the landscapes most incredible in the world.

After conquering the pass, we will continue through a green valley full of alpacas and llamas, and if we are lucky we will be able to appreciate one of the mythical animals of the Andean area that is the Condor. As we get closer to our campsite to spend the night in Ananta (4740m / 15551ft), we will have everything set up for you to enjoy your surroundings and relax after your hard trek.

4

DAY

RAINBOW MOUNTAIN



Highlights Of The Day

- ❑ Exploring Rainbow Mountain and the Red Valley with very few other visitors.

4**DAY**

Ananta | Rainbow Mountain - Red Valley -Cusco



This morning our goal is to get up earlier and leave the camp at 5 am, this allows us to get closer and experience the Rainbow Mountain in all its splendor with solitude. So, after a hot breakfast and some coca tea, we start with an ascent towards the Ananta pass. From here, you see the beautiful Rainbow Mountain in the distance.

We descend to a large valley and continue walking through an Andean plain until the final ascent to Rainbow Mountain is presented, your guide will be in charge of explaining you about this amazing and imposing work of art created by nature (remember that this type of formation is can be seen in only two places in the world: Peru and China), where you will learn about the formation process, the natural minerals that make up colors and everything related to this beauty of the world.

Then from the mountain we head downhill to the town of Qesuno, where we will have lunch and pack all our luggage, where our private transport is waiting for us ready for the return to Cusco to your hotels. We normally arrive back in Cusco around 6:00 p.m.

INCLUSIONS

Included / Not Included

High Quality Service & Safety

- ✓ Pre-departure briefing
- ✓ Experienced tour guide in English and Spanish
- ✓ Private Camping Equipment
- ✓ 1 duffle bag
- ✓ Medical Kit or First AID Kit
- ✓ A professional chef
- ✓ Customer service 24/7

Transportation

- ✓ Day 1: Private transportation from Cusco to the hiking point
- ✓ Horses, and muleteers; cargo mules will carry your (7 kg / 15.4 lb) personal items
- ✓ Day 4: Private transportation back to your hotel in Cusco

Extras included in our service

- ✓ Emergency horse to ride
- ✓ Sleeping bag
- ✓ Extra oxygen
- ✓ Hiking poles
- ✓ PRO Air sleeping pad

Meals

- ✓ Meals: Breakfast (4), lunch (4), dinner (3)
- ✓ Food: (vegetarian and vegan food options available)
- ✓ Wake up tea
- ✓ Tea Time or Happy Hour
- ✓ Snacks on the trail daily
- ✓ Water during the hike
- ✓ Products for hygiene

Permits & Entrance Tickets

- ✓ Entrance ticket to Ausangate trek
- ✓ Entrance ticket to Rainbow Mountain

What is not included?

- Travel insurance
- Gratuities for our staff
- Additional costs or delays beyond our control

TRIP CHECKLIST

4 Days & 3 Night

- ✓ Original Passport
- ✓ Flashlight with spare batteries
- ✓ Sun hat, cap, and warm hat and gloves for the nighttime
- ✓ Water bottle or canteen
- ✓ Good hiking boots with ankle protector or similar, and one pair of flip-flops or light sandals
- ✓ Comfortable hiking clothes, including warm clothes for the nighttime
- ✓ Rain gear (especially if traveling in the wet season, from October to March)
- ✓ Hiking poles
- ✓ Hiking socks
- ✓ Personal medication
- ✓ Sunblock and sunglasses
- ✓ Comfortable trousers
- ✓ Toiletries and hand sanitiser
- ✓ Hiking long-sleeve T-shirts
- ✓ Camera and film with extra batteries
- ✓ Phone and Camera charger and adapter
- ✓ Some snacks such as chocolate, cereal bars, candies, nuts, energy bars
- ✓ American dollars and Peruvian soles in cash
- ✓ Backpack to carry your things



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