



**PERU TREK**

Travel & Adventure

**AUSANGATE TREK TO  
RAINBOW MOUNTAIN**

**3 Days & 2 Night**

# OVERVIEW

## Ausangate Trek To Rainbow Mountain 3 Days

A surprising and shorter hike from Ausangate to the rainbow mountain, it is perfect if you are looking for an adventure that is as challenging as it is rewarding, they are the best options for hiking lovers. Do not miss this adventure towards the rainbow mountain, located in the Andes mountain range.

A hike around the sacred mountain (Apu) of Ausangate (6,372m / 20,900ft) that will take you through giant glaciers, crystalline lagoons, impressive mountainous landscapes, locals of typical uses, remote Andean villages and herds of alpacas and llamas. The area receives relatively few visitors, this means that you will be able to experience the local history almost in solitude, surrounded by nothing but spectacular views and an intense and wild nature experience.

## The highlight of the Ausangate trek to Rainbow Mountain 3 days

- ✓ Share experiences with the last descendants of the Incas, you will learn their ancestral rites and traditions, celebrate a ceremony to mother earth with the sacred coca leaves.
- ✓ Get to know the textile tradition of the Andes of Ausangate, where they embody their sacred symbology in their outfits.
- ✓ View the best part of ice-clad Ausangate mountain and diverse mountainscape of the Vilcanota range.
- ✓ Perfect for everyone whose time is limited but keen to see the best part of Ausangate, ending the adventure at Rainbow Mountain.
- ✓ End your trip to the impressive Rainbow Mountains of Peru, you will be amazed at the formation of their natural colors.
- ✓ Hike along the impressive Ausangate route, which is famous for impressive natural landscapes, red Valley, such as glaciers, turquoise lakes, alpacas.
- ✓ Connect your body and mind with the best energy of the (Apus), sacred mountains.

# AUSANGATE TREK TO RAINBOW MOUNTAIN

## 3 DAYS



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**Rainbow Mountain**  
5100 m - 16732 ft  
3 km - 2.00 hrs

**Warmisaya Pass**  
4985 m - 16355 ft

**Pucacocha Pass**  
4870 m - 15978 ft

**Ausangate**  
6372 m - 20905 ft

**Pucacocha**  
4500 m - 14764 ft

**Arapa Pass**  
4800 m - 15748 ft

**Surinecocha**  
4800 m - 15748 ft  
4 km - 3.00 hrs

**Hananta**  
4750 m - 15584 ft  
8 km - 4.30 hrs

**End of the hike**  
2 km - 1.00 hrs

**Yanacocha**  
4500 m - 14764 ft  
9 km - 4.00 hrs

**Upis Community**  
4250 m - 13944 ft  
Trek starting point

**Upis Pampa**  
4400 m - 14436 ft  
6 km - 3.00 hrs

**Cusco**  
3400 m - 11155 ft  
Pick up



	DISTANCE / HOURS
	CAMPS
	LUCH & REST AREA
	MAJOR ROAD
	MINOR ROAD
	FOOTPATH
	LAGOON

1

DAY

# AUSANGATE MOUNTAIN

## UPIS



### Highlights Of The Day

- Being accompanied by the enormous Ausangate Mountain all day.

**1****DAY****Cusco | Tinki - Upis**

We will pick you up from your accommodation in Cusco in the morning in between 4:30 am to 5:00 am. Then we travel in our private van for 3 hours until to arrive to Tinki (Trailhead = 3800 masl = 12467 ft.) which is a small village, in here we are going to take our delicious breakfast where you will have on the table hot drinks like: coffee, coca tea, hot chocolate, also you we have pancakes, omelets, bread, eggs, butter, etc. On the table.

After breakfast we have to walk for about 4 hours to ge our first campsite Upis (4400 masl = 14435 ft.) along the way we will have a great wiew of the Ausangate snow capped mountain which is the highest mountain here in Cusco Region. Once we get at Upis we can enjoy the Natural hotspring at Upis with a spectacular view of the Apu Ausangate.

After enjoying this hotspring our chef with our horseman will be waiting for us with our delicious dinner. Then our tents and comfortable airmattress will be waiting for us to dreaming with the Rainbow Mountain.

2

DAY

# PUKA QOCHA

## PASS



### Highlights Of The Day

- Hike through beautiful landscapes and glimpse the lagoons and Ausangate Mountain.



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**2****DAY**

## Upis | Pukaqocha Lake - Ananta Campsite



After our delicious breakfast, we continue our walk with a slight ascent of approximately two hours to reach the Arapa pass (4850m / 15908ft). We then headed downhill to the place of our lunch. In this tour we will have the magical view of the Ausangate mountain (6372m / 20900ft), we will also be able to observe the three beautiful lakes with shades of red, green and turquoise (Pukaqocha, HatunPukaqocha and Qomerqocha) and some alpacas, vizcachas and llamas.

After lunch, we continue our tour with a long and slow ascent to our campsite which will be in Hananta (4740m / 15551ft), in this stretch of the way we will have some of the best views of the snow-covered mountain Ausangate.

After a long walk, we will finally recharge with our great and varied dinner, there will be hot drinks available.

3

DAY

# RAINBOW MOUNTAIN



## Highlights Of The Day



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- ❑ Exploring Rainbow Mountain and the Red Valley with very few other visitors.



**3****DAY**

## Ananta | Rainbow Mountain - Red Valley -Cusco



This day we will get up earlier to continue our adventure towards the famous rainbow mountain or also called Vinicunca, we will have breakfast very early to be the first to arrive towards the rainbow mountain since many visitors come from Cusco.

We will start with an ascent of approximately 1 hour to the pass (5000m / 16,400ft) from here you can see a landscape taken from dreams.

From Hananta, it takes around 3 hours to reach Rainbow Mountain. Once we reach Rainbow Mountain (5100m / 16404ft) your guide will explain about this amazing and imposing work of art created by nature (remember that this type of formation can be seen in only two places in the world: Peru and China), where you will learn about the formation process, the natural minerals that make up colors and everything related to this beauty of the world.

After enjoying this surreal landscape, we descend to the place of our lunch where our succulent, delicious and varied lunch awaits us, to recharge all the energy expended on this walk.

Also our private transport awaits us in this place to return to the city of Cusco, after 3 hours of driving we will arrive in Cusco around 6:00 pm approximately.

# INCLUSIONS

## Included / Not Included

### High Quality Service & Safety

- ✓ Pre-departure briefing
- ✓ Experienced tour guide in English and Spanish
- ✓ Private Camping Equipment
- ✓ 1 duffle bag
- ✓ Medical Kit or First AID Kit
- ✓ A professional chef
- ✓ Customer service 24/7

### Transportation

- ✓ Day 1: Private transportation from Cusco to the hiking point
- ✓ Horses, and muleteers; cargo mules will carry your (7 kg / 15.4 lb) personal items
- ✓ Day 3: Private transportation back to your hotel in Cusco

### Extras included in our service

- ✓ Emergency horse to ride
- ✓ Sleeping bag
- ✓ Extra oxygen
- ✓ Hiking poles
- ✓ PRO Air sleeping pad

### Meals

- ✓ Meals: Breakfast (3), lunch (3), dinner (2)
- ✓ Food: (vegetarian and vegan food options available)
- ✓ Wake up tea
- ✓ Tea Time or Happy Hour
- ✓ Snacks on the trail daily
- ✓ Water during the hike
- ✓ Products for hygiene

### Permits & Entrance Tickets

- ✓ Entrance ticket to Ausangate trek
- ✓ Entrance ticket to Rainbow Mountain

### What is not included?

- Travel insurance
- Gratuities for our staff
- Additional costs or delays beyond our control

# TRIP CHECKLIST

## 3 Days & 2 Night

- ✓ Original Passport
- ✓ Flashlight with spare batteries
- ✓ Sun hat, cap, and warm hat and gloves for the nighttime
- ✓ Water bottle or canteen
- ✓ Good hiking boots with ankle protector or similar, and one pair of flip-flops or light sandals
- ✓ Comfortable hiking clothes, including warm clothes for the nighttime
- ✓ Rain gear (especially if traveling in the wet season, from October to March)
- ✓ Hiking poles
- ✓ Hiking socks
- ✓ Personal medication
- ✓ Sunblock and sunglasses
- ✓ Comfortable trousers
- ✓ Toiletries and hand sanitiser
- ✓ Hiking long-sleeve T-shirts
- ✓ Camera and film with extra batteries
- ✓ Phone and Camera charger and adapter
- ✓ Some snacks such as chocolate, cereal bars, candies, nuts, energy bars
- ✓ American dollars and Peruvian soles in cash
- ✓ Backpack to carry your things



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